

# Growing Up Empty

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"More than just a forceful call to action, Schwartz-Nobel has issued a mandate for reform." —Sen. Edward M. Kennedy



# Growing Up Empty

**How Federal Policies Are  
Starving America's Children**

**Loretta Schwartz-Nobel**

Author of the acclaimed *Starving in the Shadow of Plenty*

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著者:Schwartz-Nobel, Loretta

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"Growing Up Empty" is a study of the hidden hunger epidemic that still remains largely unacknowledged at the highest political levels and "an unforgettable exploration of public policy, its failures and its victims" (William Raspberry, "Washington Post"). Twenty years after Ronald Reagan declared that hunger was no longer an American problem, Schwartz-Nobel shows that hunger has reached epic proportions, running rampant through urban, rural, and suburban communities, affecting blacks, whites, Asians, Christians and Jews, and nonbelievers alike. Among the people we come to know are the new homeless. Born of the "Welfare to Work" program, these working poor have jobs but do not make enough to support their families, such as the formerly middle-class housewife reduced to stealing in order to feed her children, or the soldier fighting on our front lines while his young wife stands in bread lines and is denied benefits and baby formula at a military health clinic. With skillful investigative reporting and a novelist's humanitarian eye for detail, Schwartz-Nobel portrays a haunting reality of human suffering that need not exist. A call to action, "Growing Up Empty" is advocacy journalism at its best.

作者介绍:

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评论

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书评

饥饿症 (hyperphagia) 是一种因人体的生理机能发生紊乱造成的疾病。然而，饥饿病 (hunger)

epidemic) 不是一种病，它是人们无法得到食物、居无定所而引发的一系列身体和社会问题。任何天灾人祸都会引爆它。但是，当一个人在和平盛世沦落为乞丐或者流浪者时，大部分人对他们都有...

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