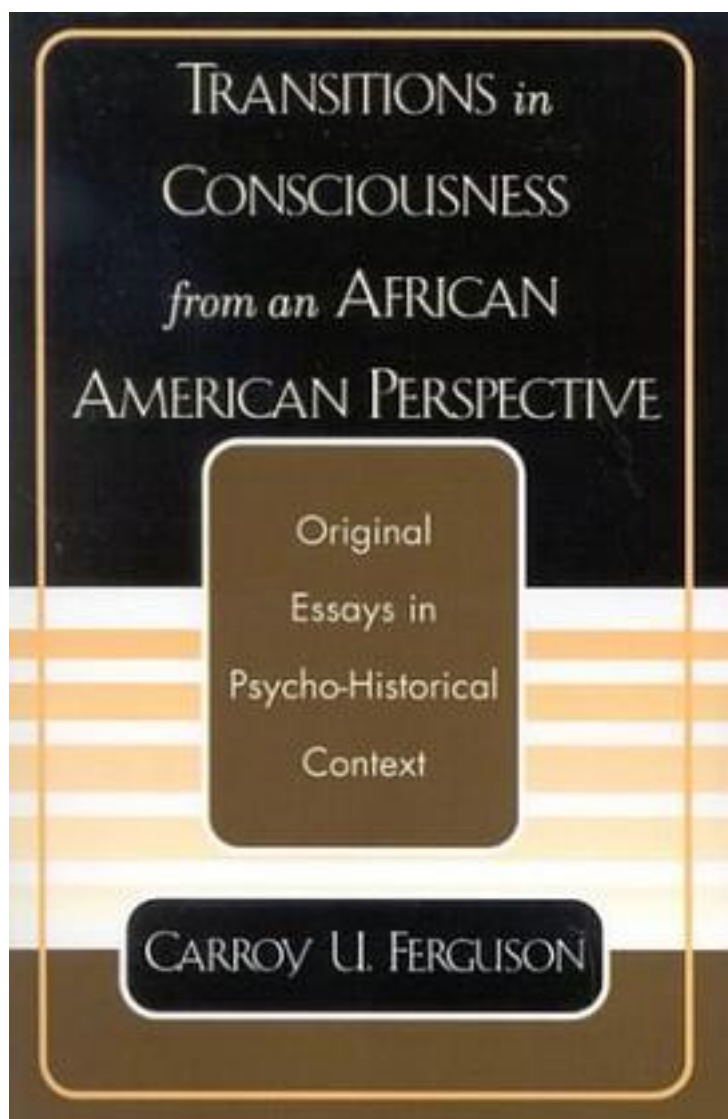


Transitions in Consciousness from an African American Perspective



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In this book, Carroy Ferguson presents a unique glimpse into the transitional stages in consciousness that many African Americans experience as they explore the essence of being a Black person in U.S. society and the world. Using a model of six transitional stages in consciousness, original essays, and discourses on the symbolism of various historical events, Ferguson engages readers in an intriguing reflective process to give them a better understanding of how transitions in consciousness_from an African American perspective_are largely shaped and greatly influenced by the 'psychology of the times.' The essays, therefore, represent the various dynamics at play as many African Americans engage the contents of their consciousness and learn to explore and transcend various societal challenges. To assist readers in engaging their personal self-reflective processes, Ferguson provides creative exercises and a comprehensive timeline of African American life.

作者介绍:

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