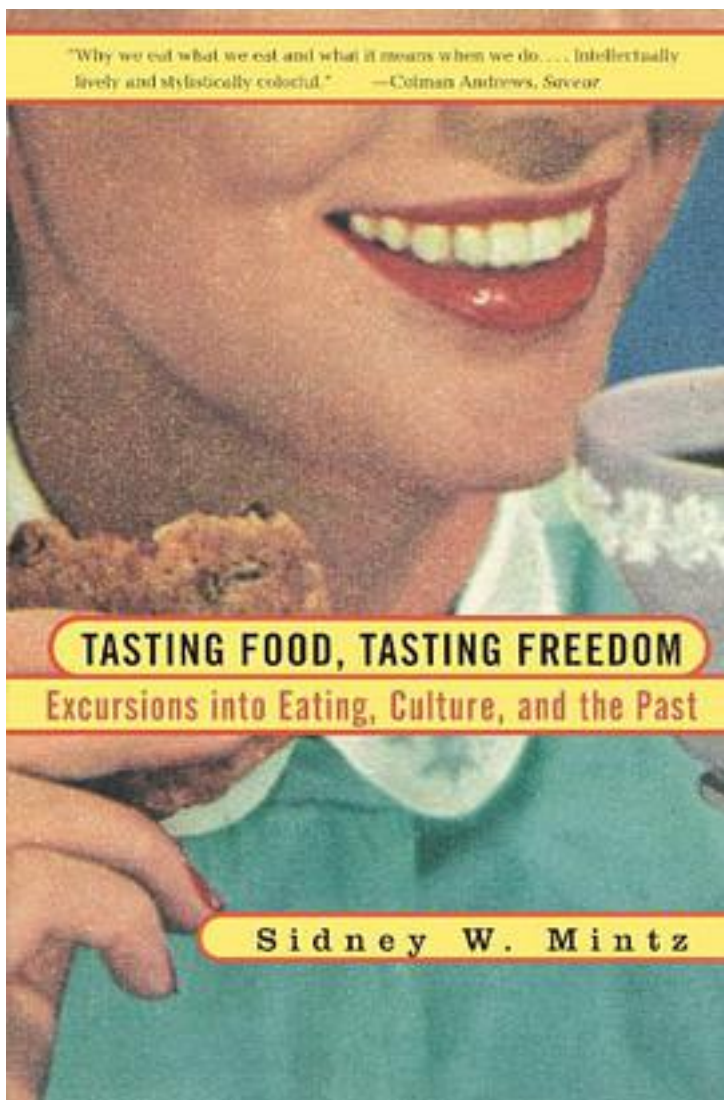


# Tasting Food, Tasting Freedom



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著者:Sidney Mintz

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In this collection of scholarly essays, some of which have been published previously, Mintz (*Sweetness and Power*) examines aspects of the intricate relationship between food and human culture. In several interesting articles, he discusses the symbolic power of food as shown by the case of Africans, who though forcibly transplanted to the Caribbean in colonial times, succeeded in creating a cuisine for themselves and their masters, even under the oppressive conditions of slavery. Mintz traces the complex rivalry between honey and sugar as the primary sweeteners and how the ascendancy of sugar was tied to economic development in Europe. In one controversial piece, Mintz argues that there is no such thing as an American cuisine. According to the author, although patterns of immigration peculiar to the U.S. have resulted in regional diets, a national cuisine that is cooked, eaten and talked about has not evolved (yet).

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作者介绍:

Sidney Mintz, a professor of anthropology at Johns Hopkins University examines how foods such as sugar, alcohol, chocolate, and tea, once limited to the rich and powerful, became accessible to the general populace, and how companies such as Coca Cola gained international recognition--exporting their products to even the most remote regions of the world. In his final essay, "Eating American," Mintz discusses the nation's obsession with fitness and diet and our progressive weight gain. He also provides an apocalyptic view of the future--predicting a doubling of the nation's population by 2064, and a loss of more than 180 million acres of arable land through erosion and urbanization. --This text refers to an out of print or unavailable edition of this title.

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标签

人类学

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评论

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## 书评

虽然是一个小册子，但作者却是货真价实的人类学家，曾写过著名的《甜与权力》。要读《吃》，最好得配合那本讨论糖的历史重要作品，按萨林斯的话说，西敏司开启了将资本主义经济作为一种文化来研究的路径。确实，萨林斯在约翰霍普金斯大学西敏司讲座中发表的《甜蜜的悲哀》至...

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众所周知，吃，首先是一种生物本能，因为饥饿，才产生了裹腹的行为。吃，好象是一种个人行为，由个人的口味、喜好决定其选择的食物。然而作者在此书中要告诉我们，吃也是一种象征行为，在不同的社会文化背景中被赋予了不同的意义；因此，吃什么、怎么吃的饮食结构和习惯，很...

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“吃”有多少象征意涵？“入口的食物，都包含了吃下它的人的种种过去”。“进食总是有约定俗成的意义。”  
这本书每一章节的标题已经涵盖了章节的所有内容，作者没有给出结论，就好像在聊天中你一句我一句，似乎谈到些什么，又似乎什么都没有，然后说：那我们一起去思考，一起出...

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原书名“Tasting Food, Tasting Freedom”，副标题“Excursions into Eating, Culture, and the past”，结果引进到内地，书名就变成了《吃》，还真是“白痴”啊！因为台名译法不同，所以封面都没出现作者的中文译文，看了豆友评论才知道原来作者的大陆译名为“西敏司”。 ...

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西敏司告诉我们，人类摄入饮食，不止是满足生理需求那么简单。人类还会在食物和饮食行为中，感受到权力，感受到自我，甚至感受到自由。  
那为了让你更好地理解西敏司说的，接下来，我会重点给你讲解两个重要内容：第一部分，我们从“吃什么”出发，看看大环境里到底有哪些力量...

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本来是为了准备南特大学哲学教授在周日有关“饮食哲学”的讲座翻译，才从书架上找出了这本不起眼的小书。阅罢多少有些失望——倒不是因为书籍本身的质量，而是由于书中对哲学概念的阐述，尚不足以为在此方面近乎一无所知的我扫盲。然而，此书在社会史研究方面，则...

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分析那个糖和权力吖，资本主义一生产的部分略过，其中一个章节分析吃喝与地域/国家的关系，从到底有没有哪道菜叫“美国菜”说起，偶想的是，在中国，到底有没有哪道菜是“苗族菜”或者“侗族菜”，XX族菜之类的？就偶流窜的地方来看，很多菜更多是一种地域性的产物，而非族群差...

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