

Child Development through Sports



[Child Development through Sports_ 下载链接1](#)

著者:Humphrey, James H.

出版者:Haworth Pr Inc

出版时间:2003-9

装帧:Pap

isbn:9780789018281

Child Development Through Sports is a commonsense guide for anyone involved in

children's sports, presenting thoughtful analysis with an emphasis on maximizing the development of a child's social, emotional, physical, and intellectual capabilities through sports. Written by Dr. James H. Humphrey, who has been involved in children's sports at every level for nearly 60 years, the book stresses the potential contribution sports participation can make to a child's development and the negative impact it can have if programmes are not conducted in an appropriate manner. Child Development Through Sports focuses primarily on the risks and benefits of sports participation for children ages 5-12. This valuable book addresses health and stress as developmental factors, how to identify and develop motor skills, the positive and negative effects of competition, and an overview of the more pressing issues of children's sports, including supervision, injuries, benefits, and interest. The book is largely based on extensive surveys and interviews with proponents and critics of children's sports, including parents, professional athletes, coaches, school personnel, and children themselves.

作者介绍:

目录:

[Child Development through Sports_ 下载链接1](#)

标签

评论

[Child Development through Sports_ 下载链接1](#)

书评

[Child Development through Sports_ 下载链接1](#)