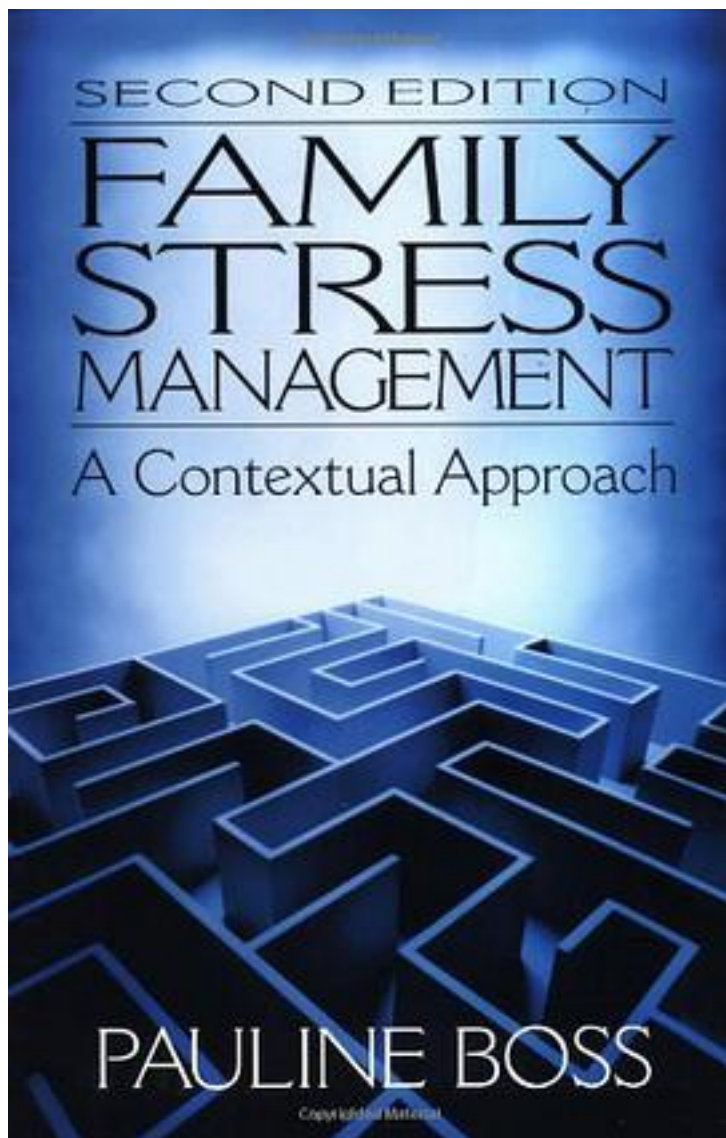


Family Stress Management



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In this Second Edition, the author continues to explore both the larger context surrounding families and stress and the inner context, which includes perceptions and meanings. The author emphasizes the need for a more general contextual model of family stress and crises than other models. The goal is to provide a framework for students and professionals engaged in helping families learn how to manage their stress.

作者介绍:

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