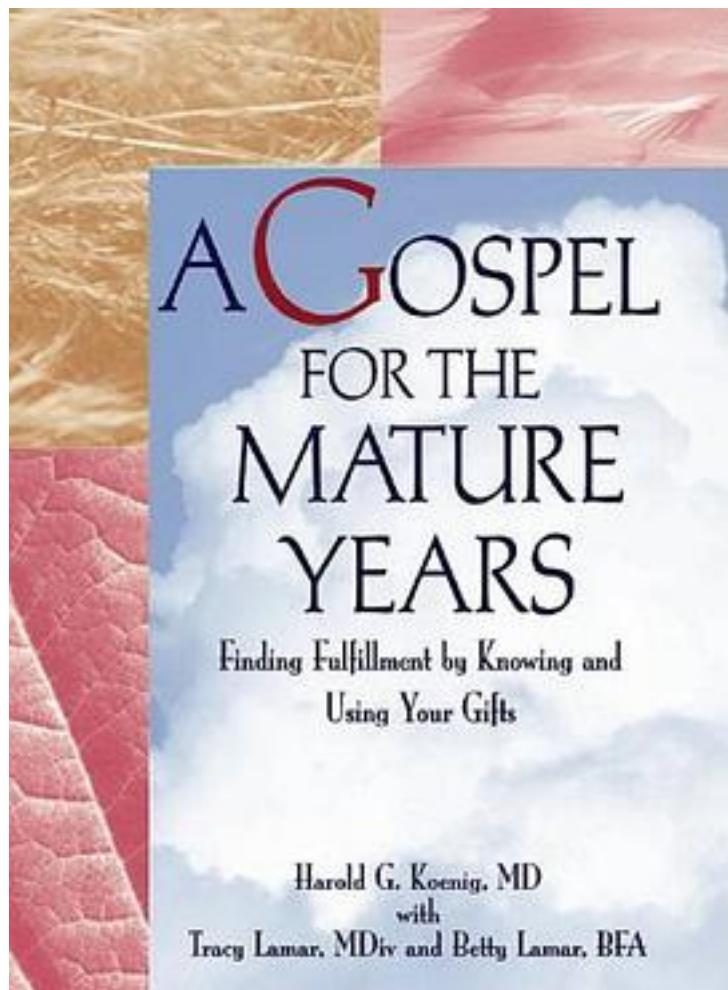


# A Gospel for the Mature Years



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There's good news for middle-aged and older adults who wish to grow emotionally and spiritually and experience satisfaction and joy in their mature years regardless of

circumstance, health, or age. A Gospel for the Mature Years shows you how to achieve joy and fulfillment by developing a deep, personal, intimate relationship with God, recognizing your God-given gifts, and using your abilities in service to others. Our later years are not meant to be a time for idleness and withdrawal from life. Rather, this is an exciting, meaningful, and action-packed time when we should grab hold of life and live it fully, advancing God's kingdom in our families, communities, and nation. Meant both for individual reading and for use in churches as a workbook for small discussion groups, A Gospel for the Mature Years is arranged to facilitate use in classes running on a calendar quarter of 13 Sundays. Questions for discussion at the end of each chapter have been designed to encourage individual preparation for participation in the group. Specific topics you learn about include: emotional growth and spiritual development achievement of well-being and fulfillment achieving Christian maturity preventing depression counseling and caregiving using one's gifts and talents overcoming barriers to loving and serving others avoiding burnout and exhaustion when loving and serving others. These are increasingly difficult times, requiring that God's people work together by utilizing their talents for the benefit of others. The authors make clear that the call to service does not end with retirement. We can use this inspirational book to identify our gifts and learn how to best use them in service to God and others. A Gospel for the Mature Years will help us produce a society of people with vision--a vision of hope that life can have meaning and purpose regardless of circumstance, and of faith that every person has been given a gift that will enable them to make a difference in this world and make it a better place for their children and grandchildren.

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