

Am I Thin Enough Yet?



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In "The Cult of Thinness", Sharlene Hesse-Biber builds on interviews with young women about their weight and body image and connects women's eating patterns to images in popular culture. Linking eating disorders to contemporary social, cultural, and economic pressures on women to be thin, Hesse-Biber argues that diet and workout industries profit from this cult of thinness and help to perpetuate it.

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