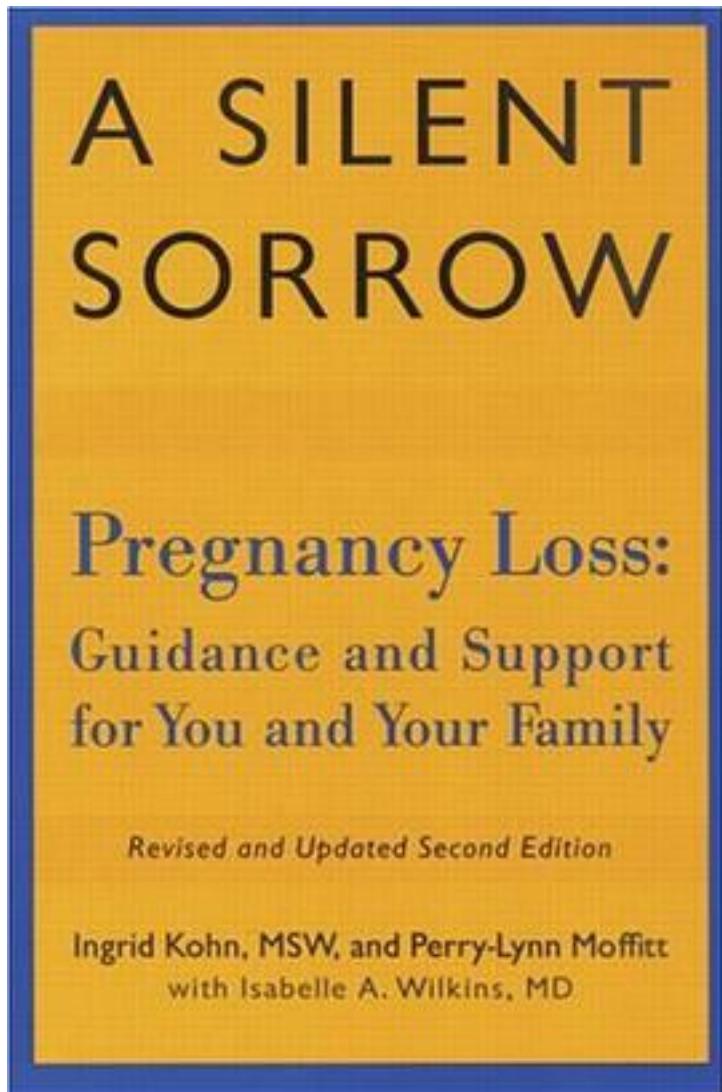


# A Silent Sorrow



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著者:Kohn, Ingrid/ Moffitt, Perry-Lynn/ Wilkins, Isabelle A.

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It is a sad fact that a growing number of families are facing the loss of a pregnancy. As more women are becoming pregnant at an older age, and as the use of fertility drugs increase the chances of a multiple-fetus pregnancy, the risk of pregnancy loss is escalating every year. A Silent Sorrow has long been considered the "bible" for families seeking emotional and practical support after a pregnancy loss. Now completely revised and updated to reflect recent findings in medical procedures, laws governing pregnancy termination, and the complex issues surrounding pregnancy loss and reproductive technologies, this straightforward yet sympathetic guide reaches out to couples who have experienced pregnancy loss and helps them to understand and move through the mourning process. The authors address the issues of why and how men and women grieve differently; the potential impact of pregnancy loss on one's career; how to cope with ending an impaired pregnancy; the dual burden of pregnancy loss and infertility, and how to handle pregnancies that occur after such a loss. A Silent Sorrow draws from interviews with bereaved parents to illustrate coping strategies that have proven effective in such difficult situations. Well organized, easily accessible, and filled with practical suggestions for each topic it covers, A Silent Sorrow is a positive first step for bereaved parents and their families, providing support and guidance to help resolve the grief and enable them to look to the future with hope.

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