

# Feminist Theories and Feminist Psychotherapies



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Feminist Theories and Feminist Psychotherapies examines major feminist theoretical perspectives and links them to practical applications of feminist therapy. This book focuses on the evolution of feminist therapy and how historical and current feminist practices interconnect with feminist theoretical and political thought. This new edition contains numerous improvements with new references, additional information on diversity issues, and more. Important updates in this new edition include: - the reorganization of content to combine specific feminist theories and their corresponding therapies within the same chapter - the expansion of the sections on feminist therapy - the addition of two new chapters on global feminism, postmodernism, lesbian/queer feminisms, and third-wave feminisms and therapy - the revision of the chapter on integration to include models and issues that emerged during the last decade Feminist Theories and Feminist Psychotherapies is an interactive text that includes self-reflection surveys to help determine which feminist theories and therapies have the greatest practical application. The final chapter integrates theory and practice with questions for formulating a personal approach to feminist counselling and psychotherapy. This book is most useful to mental health professionals and academics that are working or studying in this field.

作者介绍:

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