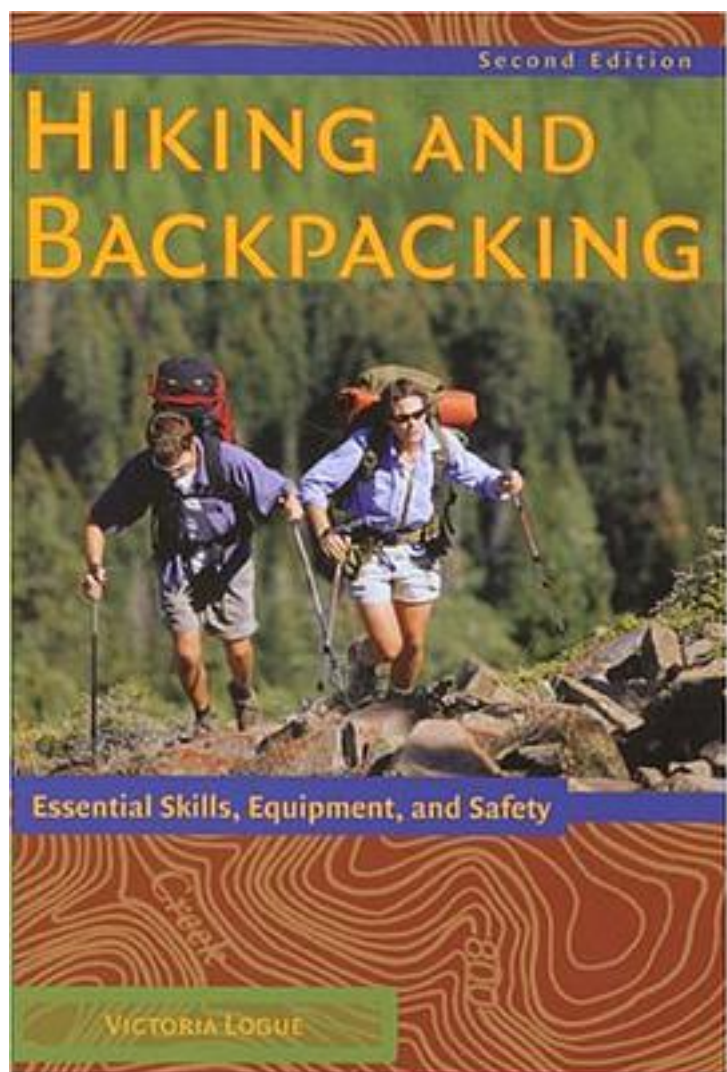


Hiking and Backpacking, 2nd



[Hiking and Backpacking, 2nd 下载链接1](#)

著者:Logue, Victoria

出版者:Transition Vendor

出版时间:2004-6

装帧:Pap

isbn:9780897325844

Don't let a poorly planned, ill-equipped backpacking trek dissolve into the worst nightmare. Take charge with *Backpacking: Essential Skills to Advanced Techniques* and get ready to hit the trail and have a good time! This guide demystifies the outdoor experience, proving that backpackers don't have to be wilderness warriors to get back to nature and have fun. Whether they are novices or seasoned path slappers, these tips, skills, techniques, and tricks will have them trailblazing like never before.

Backpacking: Essential Skills to Advanced Techniques is organized the same way backpackers would carry out any trip. The planning section details all the options for hikers and suggests ways to pick the best trails to fit their ability, time, and interests. There's even a section for those serious about long-distance hikes. And, whether they are out for one night or tackling a thru hike, *Backpacking* gives them advice on the most daunting aspect of backpacking: gear. Logue offers advice on which equipment is essential and examines important features that should be inspected prior to buying anything.

Once they are on the trail, *Backpacking* keeps them on the trail with advice on learning to pace themselves, crossing streams safely, hiking in snow, navigating with GPS, and using a map and compass. And when the hike is done, look no further for help in finding a good camp, setting up their kitchen, and maintaining and repairing equipment.

Whether backpackers go with a group or by themselves, for one day or an extended trip, *Backpacking* offers time-tested advice and tips that will help make their trip more rewarding.

作者介绍:

目录:

[Hiking and Backpacking, 2nd_ 下载链接1](#)

标签

评论

[Hiking and Backpacking, 2nd_ 下载链接1](#)

书评

[Hiking and Backpacking, 2nd 下载链接1](#)