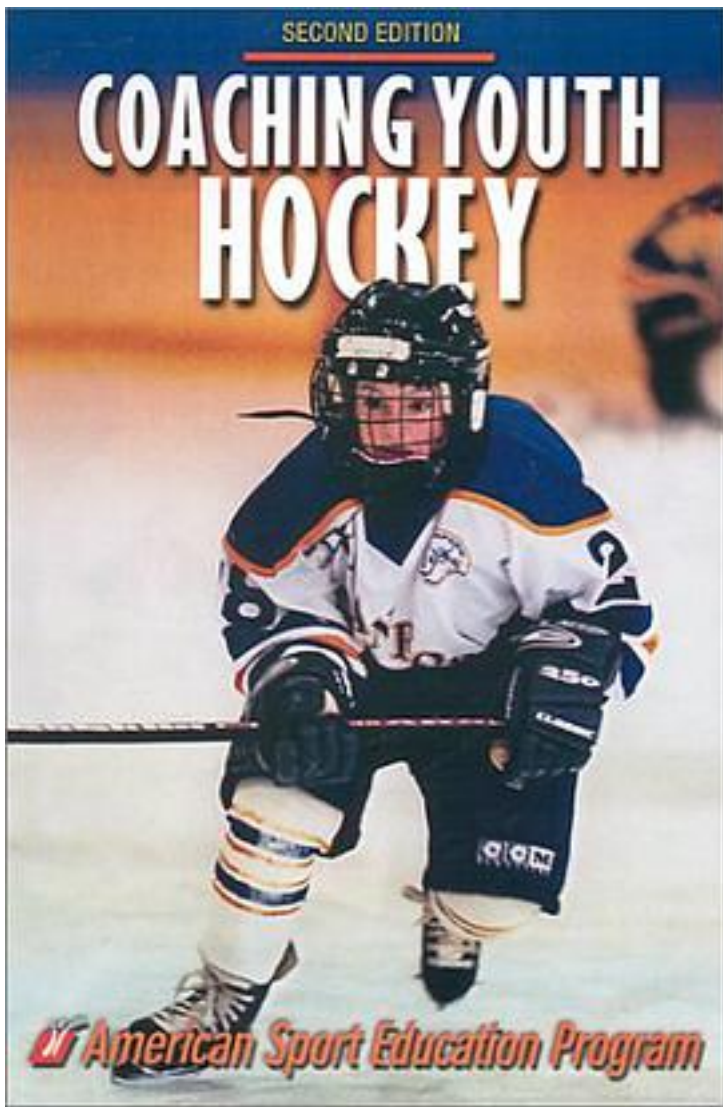


Coaching Youth Hockey (Coaching Youth Series)



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著者:ASEP

出版者:Human Kinetics Publishers

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This work equips youth coaches to prepare their players for competition. It instructs in the principles of coaching, communication, responsibilities, safety and methods of teaching. It helps coaches know how to teach tactics and skills and then refine those tactics and skills as players develop. Key features include the fundamentals of coaching and preparation for the season, and all the tactics and skills the coach will need to teach are explained and demonstrated clearly.

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