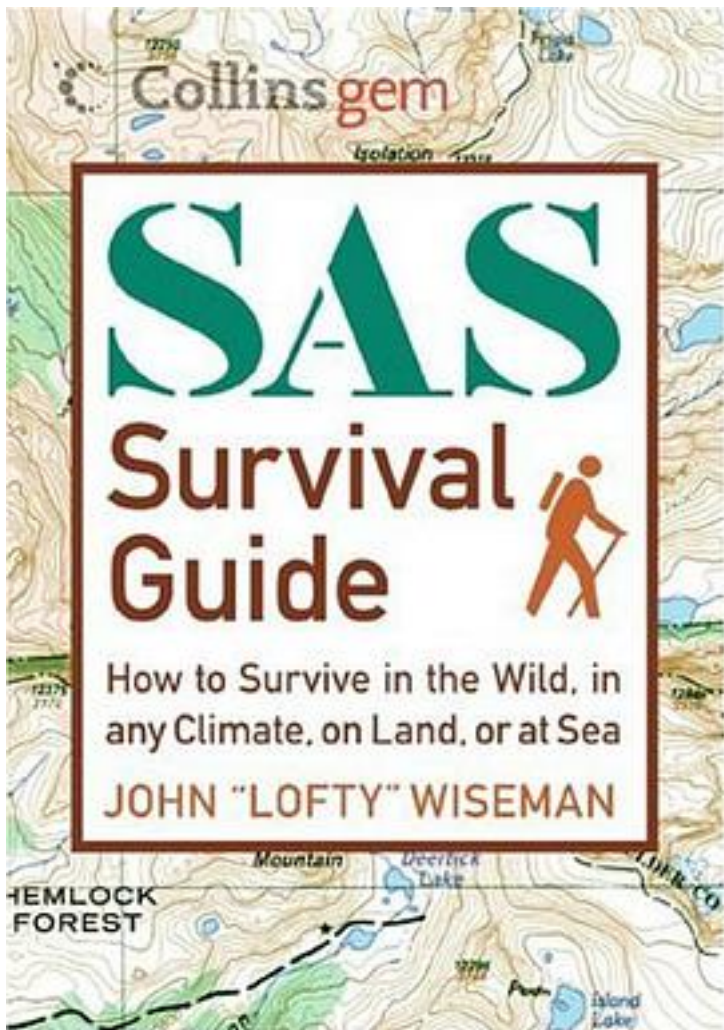


Collins Gem Sas Survival Guide



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The bestselling guide to how to survive in the wild, in any climate, on land or at sea.

Written by ex-SAS survival expert. Have you thought about how you would deal with surviving out in the wild with nothing but the plants you could forage? Do you wonder how you would manage if you were lost and had to set up an improvised camp? Can you tie knots or make basic weather forecasts? All the above and much more are covered in the Gem SAS Survival Guide. The book is based on the training techniques of the Special Air Service, the world's most famous elite fighting force. Whether you are a camper, a hiker, a sailor or anyone else engaged in outdoor pursuits, this reference bible could actually save your life. Using clear line drawings and colour illustrations, survival techniques from the sea to the mountains and from the polar icecaps to the desert are described, complete with what to do in a whole range of medical and meteorological emergencies. This edition has been updated to reflect rapidly changing developments in communication, textile and survival technologies, to make the most of your outdoor pursuits.

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