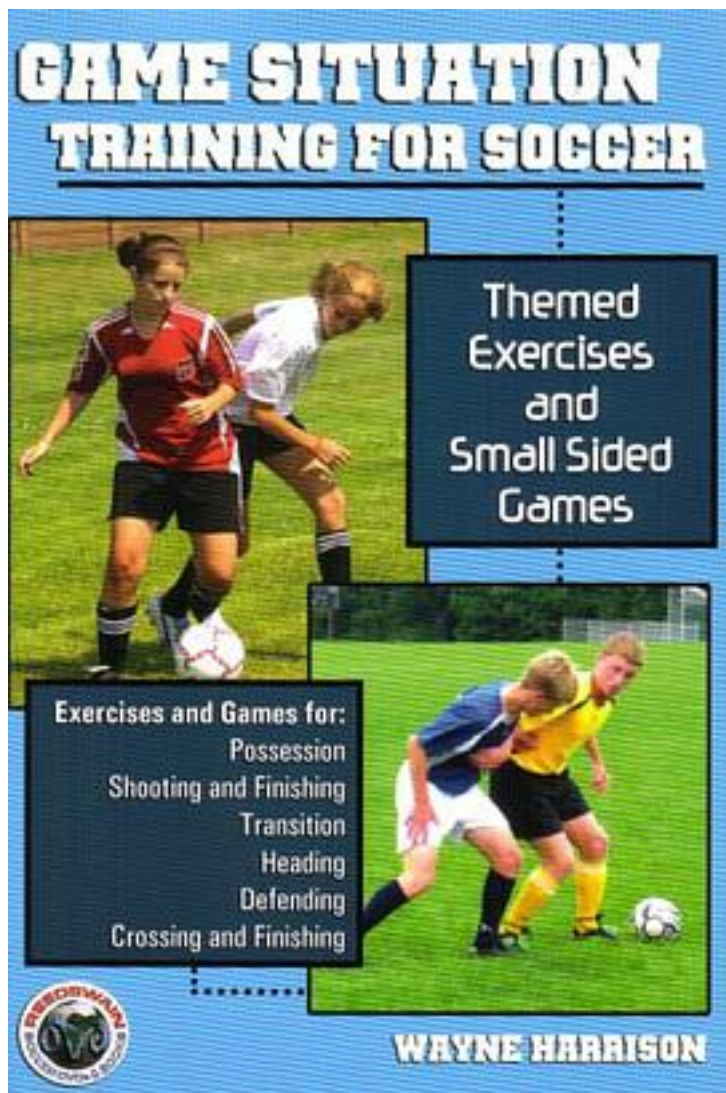


Game Situation Training for Soccer



[Game Situation Training for Soccer_ 下载链接1](#)

著者:Harrison, Wayne

出版者:Cardinal Pub Group

出版时间:2005-9

装帧:Pap

isbn:9781591640981

This is a book designed to help coaches introduce relevant soccer themes through game oriented training situations. Each exercise and game in this book puts players in situations that they will likely find themselves in on game day. Includes sessions for Possession, Shooting, Heading, Defending, Transition and more. Coaches are encouraged to adapt these exercises to their particular situation and the author offers examples and suggestions for doing so. All sizes of small sided games are covered, from 3v3 up to 8v8.

作者介绍:

目录:

[Game Situation Training for Soccer_下载链接1](#)

标签

评论

[Game Situation Training for Soccer_下载链接1](#)

书评

[Game Situation Training for Soccer_下载链接1](#)