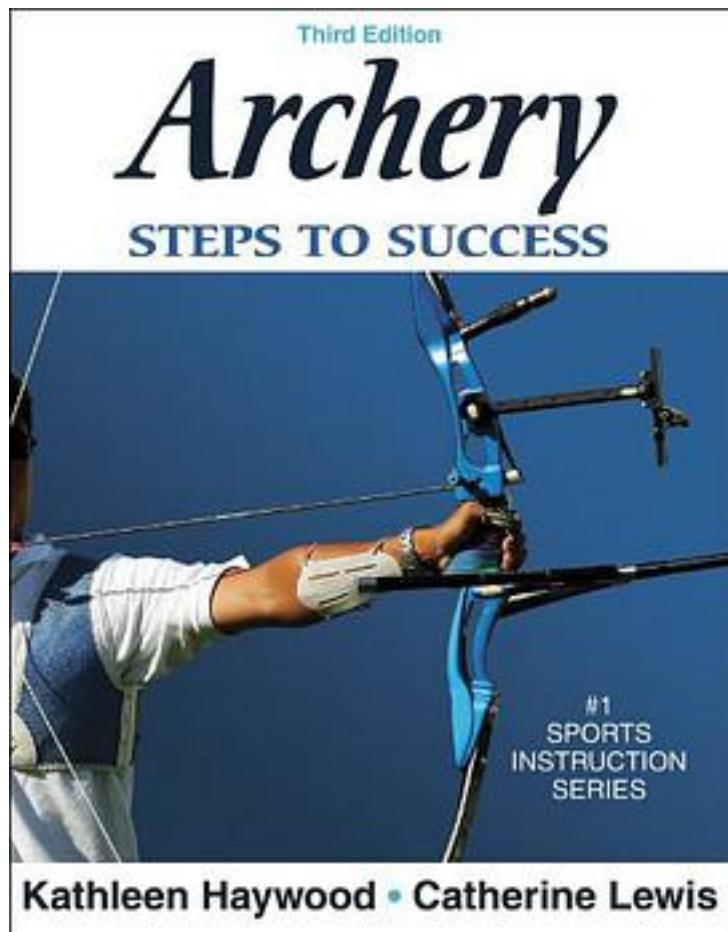


Archery



Kathleen Haywood • Catherine Lewis

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Master all of the archery skills essential to shooting straight and true. "Archery: Steps to Success" provides in-depth, progressive instruction with accompanying illustrations for each phase of the shot--sighting and aiming, shooting form, and anchoring--for all

forms of archery. Build a solid skill base; learn the details of choosing, fitting, and tuning equipment; and then refine your technique and sharpen your mental skills. By practicing the 91 drills and using the scoring systems to gauge your progress, you'll develop consistent technique and shot patterns in no time. Whatever the target, this manual will help you hit the mark. As part of the popular Steps to Success Series (more than 1.5 million copies sold), "Archery: Steps to Success" hits the bull's-eye when it comes to expert instruction on the sport.

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