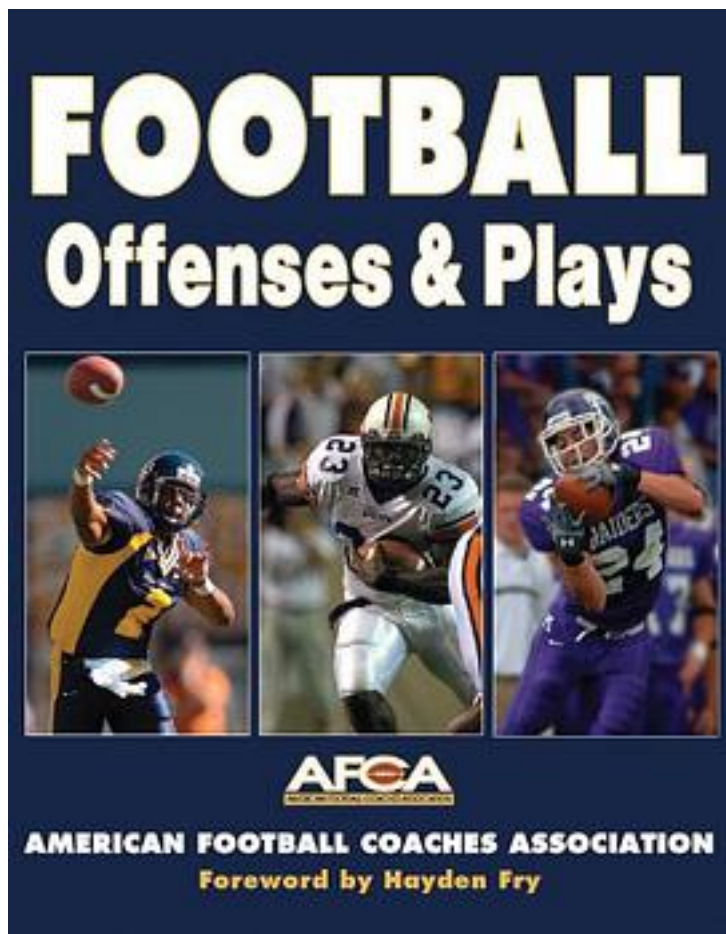


Football Offenses and Plays



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This is a text for American football coaches of all standards. It aims to improve offences and plays by using an easy to follow format. It features offences and plays that can be adapted to any team or situation. The authors are coaches (AFCA) who have either

developed the offences themselves or work with the teams that use them best. It is something of interest and use for every coach who has a role in offence.

作者介绍:

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