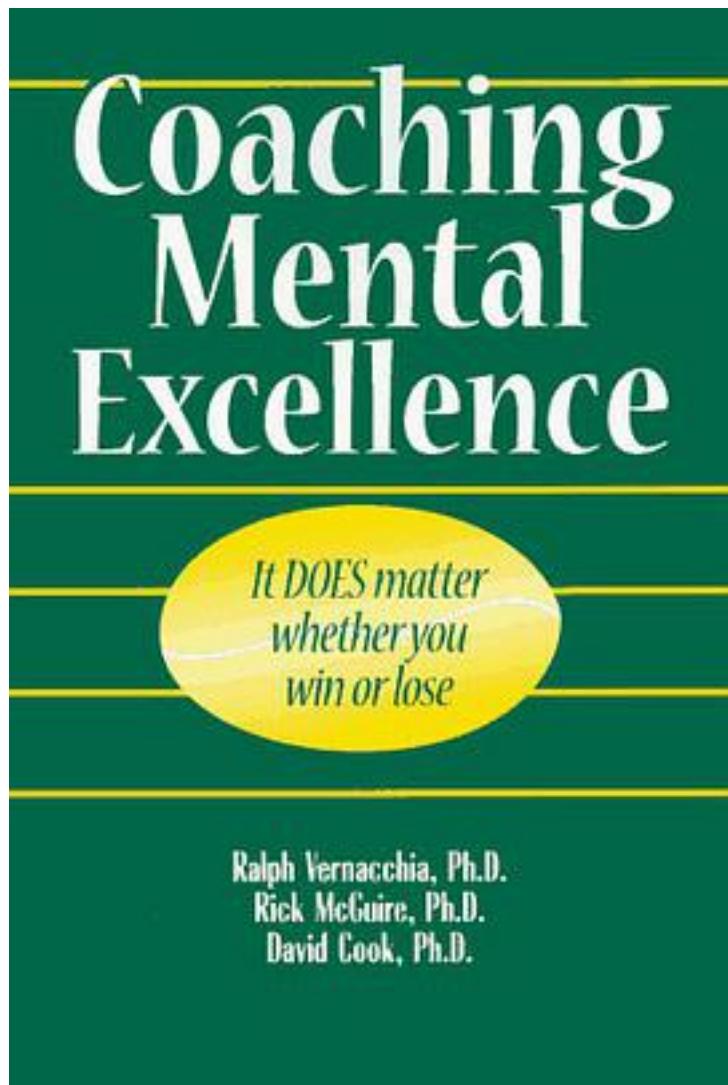


Coaching Mental Excellence



[Coaching Mental Excellence 下载链接1](#)

著者:McGuire, Rick

出版者:Warde Pub Inc

出版时间:1996-7

装帧:Pap

isbn:9781886346024

A highly readable survey of the major responsibilities, opportunities and challenges involved in coaching today's athlete. It emphasizes the mental techniques known through the latest research in sport psychology to enhance performance and enjoyment in sports.

作者介绍:

目录:

[Coaching Mental Excellence](#) [下载链接1](#)

标签

评论

[Coaching Mental Excellence](#) [下载链接1](#)

书评

[Coaching Mental Excellence](#) [下载链接1](#)