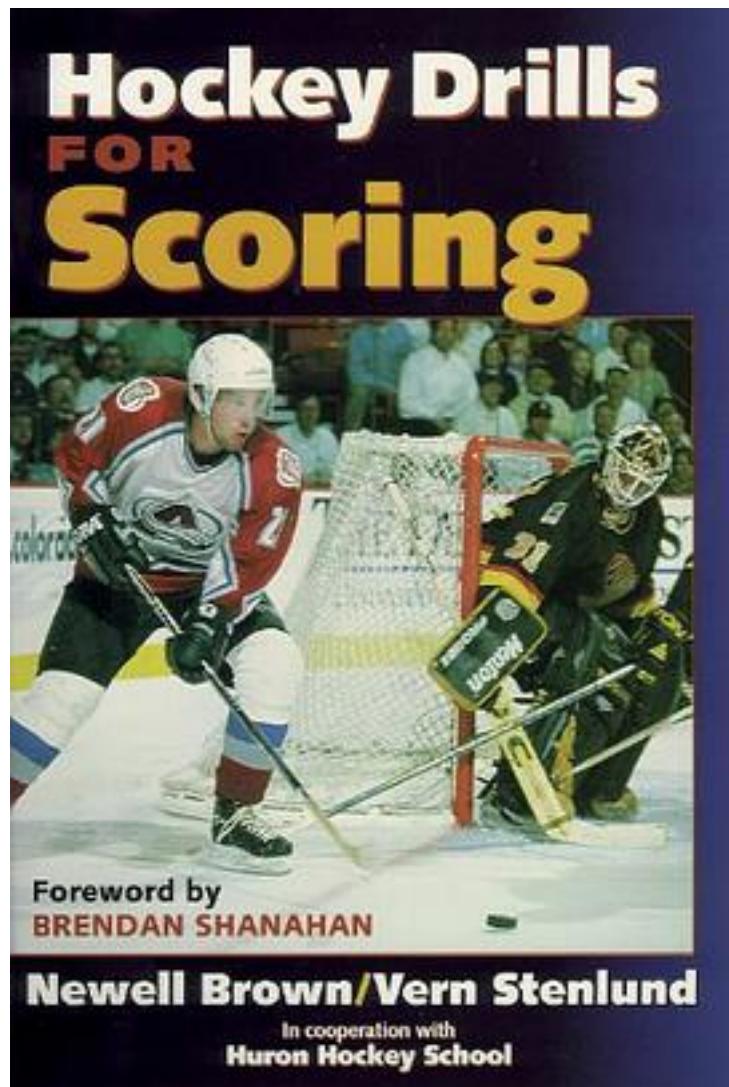


Hockey Drills for Scoring



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Make every shot count and become a more potent offensive threat by practicing these 70 scoring drills, many of which can be performed on ice or pavement. Chicago Blackhawks coach Newell Brown and coauthor Vern Stenlund give you every tip you need for quick, creative, and accurate shotmaking. Through a sequence of competitive and challenging drills, you'll improve shooting technique and learn special ways to light up the scoreboard. The book presents time-tested drills developed by Huron Hockey School, which has graduated more than 350 players to the National Hockey League. Each chapter presents 10 drills that focus on specific scoring skills. All activities are designed to develop practical skills that carry over into game situations. And many activities are easily adaptable to roller hockey. The drills progress in difficulty--from simple activities that even beginners can do to elite-level workouts that would challenge the greatest talents in the world. A special Drill Finder section cross-references drills by their related skill categories so you can easily find the drills that fit your needs. Each chapter includes full-page diagrams illustrating the drills and features Key Points and Drill Progressions sections that: - tell you what Huron Hockey School coaches have learned over the years to make the drills most effective, - offer tips to help players and coaches reduce the time to master skills, and - provide helpful ideas to refine the drills to challenge even the most experienced player. The authors provide specific objectives for all drills. Few of these drills require extra equipment or lots of setup time. Basically, all you need are sticks, a puck, and ice or pavement. And sample practice sessions are included to help you make the most of training time. As part of a series of drill books developed in cooperation with Huron Hockey School, "Hockey Drills for Scoring" provides players and coaches with the best instructional resource for increasing point production. Use it, and score

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