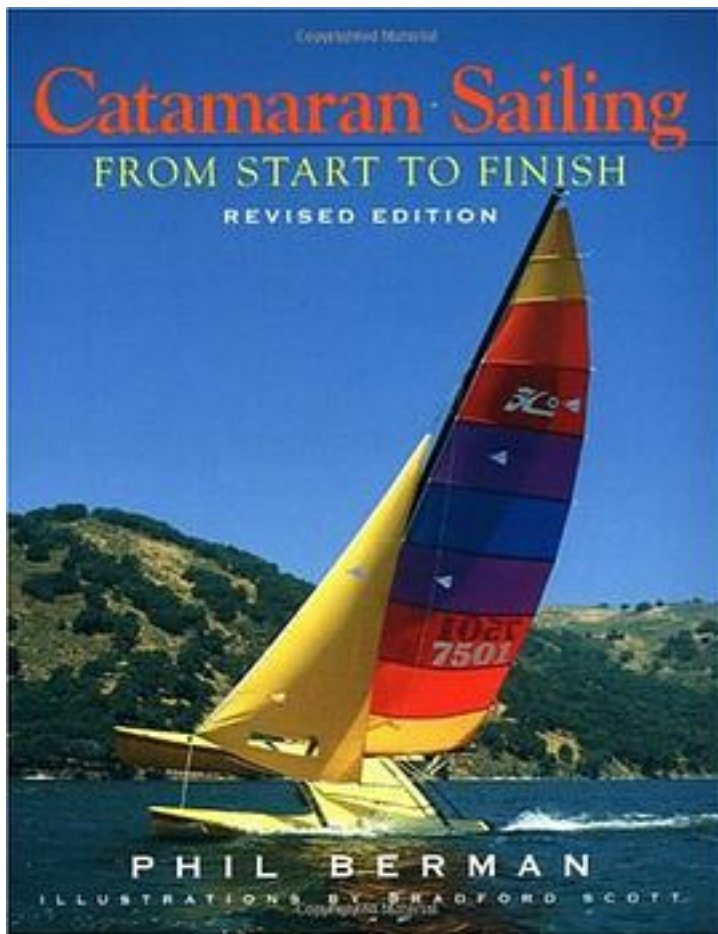


Catamaran Sailing



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著者:Berman, Phil

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Fast, inexpensive, versatile, and exciting, catamarans are one of America's most popular pleasure crafts. Here is a complete course in catamaran sailing for the beginner and the semi-experienced sailor who wants to become more skilled in the

arts of tuning, handling, and racing cats. Included are sections on buying a cat, learning the basics, heavy weather sailing, racing tactics, surfing, and more. Includes a new chapter on how to use high-performance sails.

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