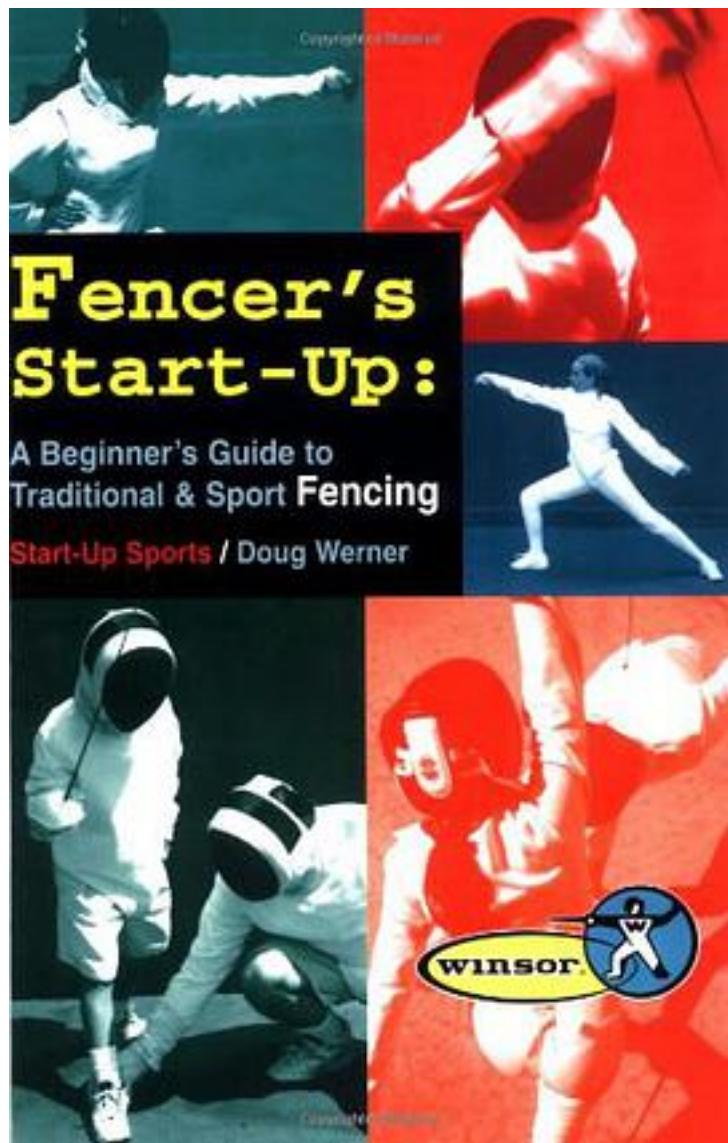


# Fencer's Start-up



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Fencer's Start-Up is a comprehensive, photo-laden beginner's guide that explores the basics of Olympic-style foil, epee and saber fencing - and for the first time anywhere - the hotshot street version of the sword arts: Sport Fencing. Safety, etiquette and technique are explained in an upbeat, straightforward style that is at once informative and fun to read. Discover the real reason why fencing has lasted over 500 years and is enjoying another surge in global popularity.

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