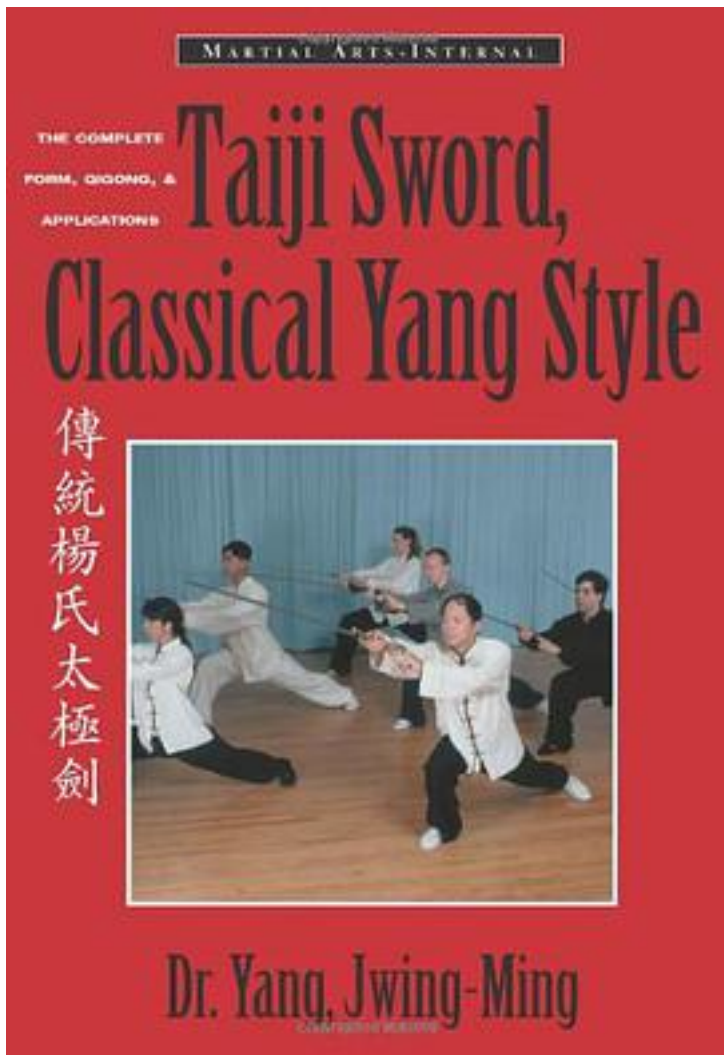


Taiji Sword, Classical Yang Style



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Beyond the Barehand Form, beyond the Qigong, lies the elegant and effective Sword of Taijiquan! Learn to extend your Qi, enhance your art and refine your self. This comprehensive guide contains not only the complete Taiji Sword Form and Taiji Sword Qigong Set, but also seldom taught sword fighting applications and matching exercises.

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