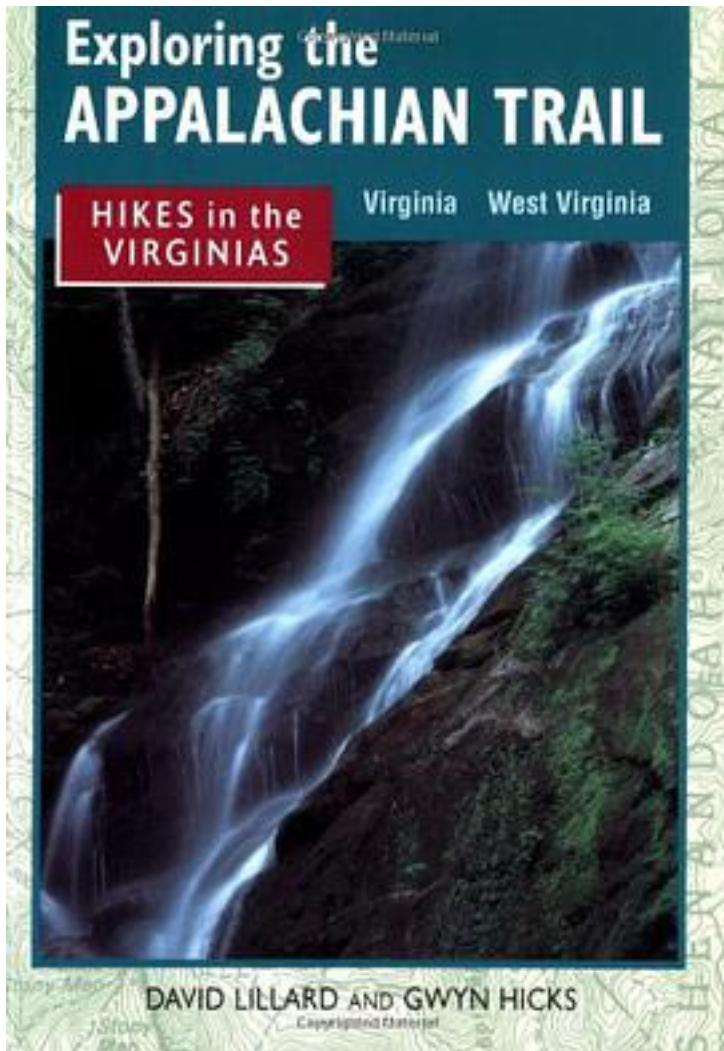


Hikes in the Virginias (Exploring the Appalachian Trail)



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From the spruce forests of Tennessee and the leafy gorges of Virginia to the rolling Pennsylvania hills and the rocky heights of New England, the Appalachian Trail offers 2,200 miles of hiking opportunities. The five books in this series present accurate, detailed information for 170 day hikes (and a few overnights), all recommended by AT experts. Where to start and finish, water sources and shelters, early exit options, and what to expect on the trail itself are described. Specially commissioned easy-to-read-and-use topographic maps and elevation profiles accompany each recommended hike; mileage data, the best direction to travel, route difficulty, and sources for additional maps and information are also included. Each book points out natural and historical features -- plants, trees, animals, landforms, bridges, vistas -- that make the recommended hikes special.

作者介绍:

目录:

[Hikes in the Virginias \(Exploring the Appalachian Trail\) 下载链接1](#)

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