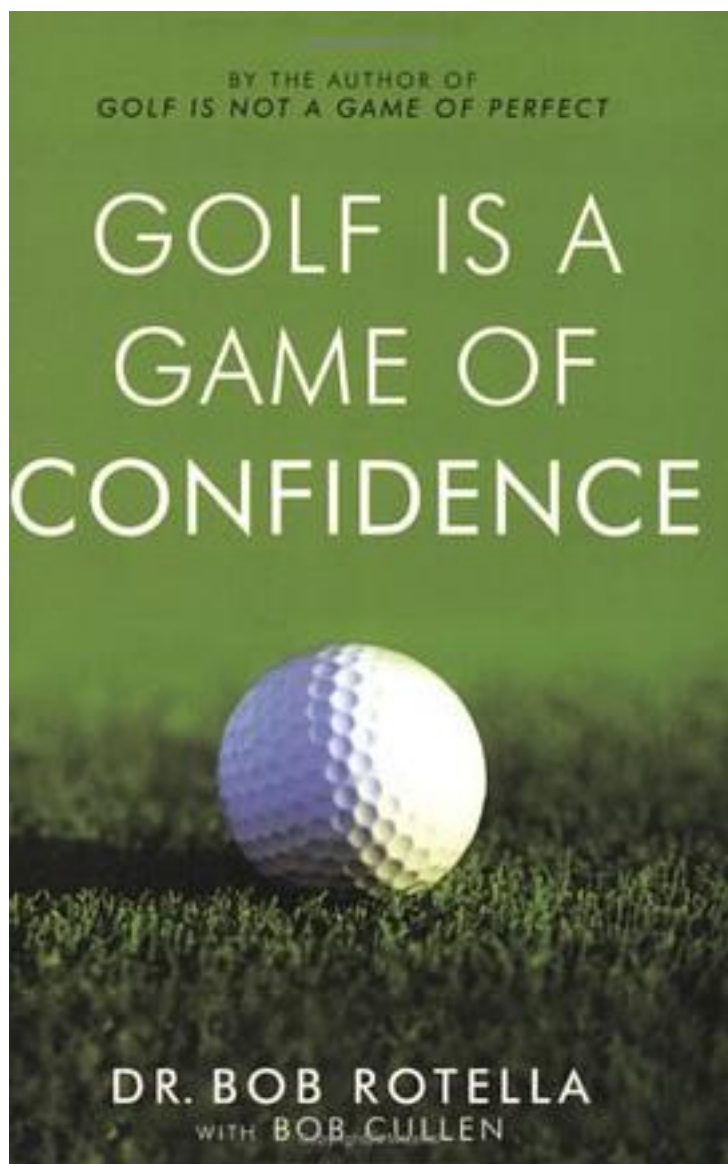


Golf is a Game of Confidence



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Confidence, or "playing with your eyes, " can be the difference between making par and a bogey, one-putting and three-putting, winning and losing. To help readers revolutionize their own course management and mental game, Rotella relates stories of the game's legendary figures, from Byron Nelson's unsurpassed streak of eleven wins in a row and seventeen wins in a year in 1945 to inspirational rounds in the careers of Brad Faxon, Tom Kite, and Davis Love III. Rotella tells of golfers playing when the pressure is most intense and confidence most required, and depicts in detail their most personal thoughts and challenges. In essence, Rotella allows the reader not only to get inside the ropes but also to get inside the heads of the game's greatest players in their most important moments. In this highly instructional and motivational book, Rotella shows all golfers how they can use the same mental processes to achieve their own dreams, taking every bit as much joy from their triumphs as Tom Kite did in his U.S. Open win at Pebble Beach. Filled with lore about the great players, great courses, and great tournaments, Golf Is a Game of Confidence inspires golfers to reach new heights in their games and their lives.

作者介绍:

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