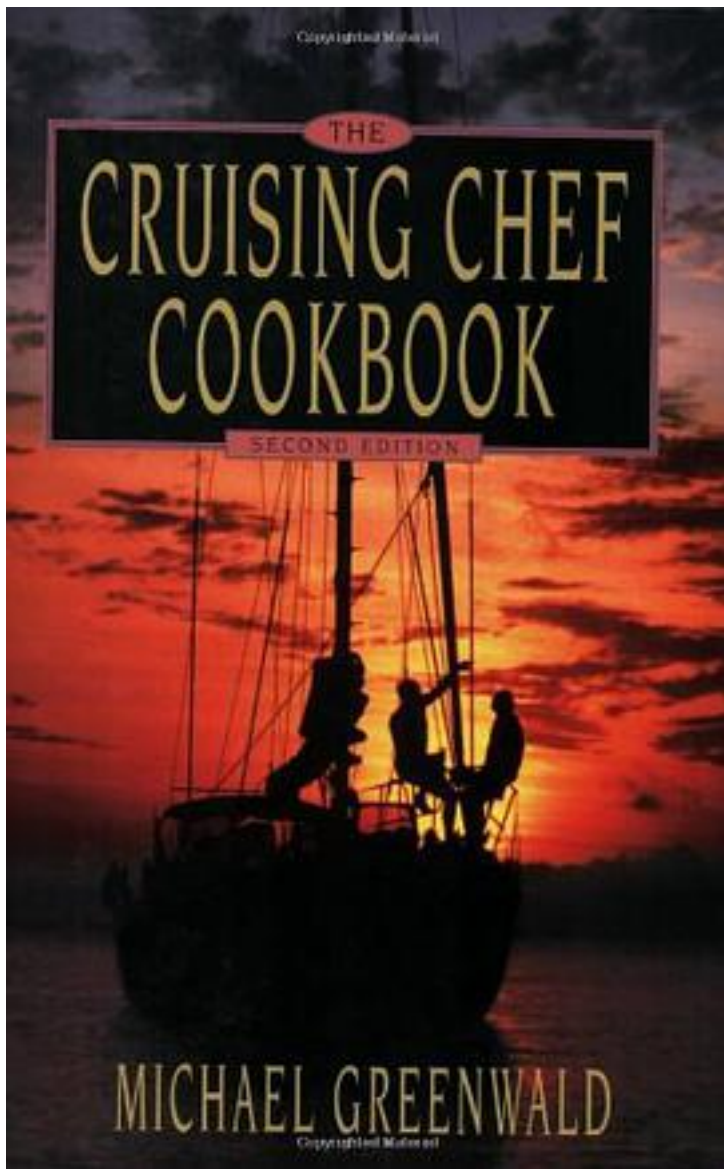


# Cruising Chef Cookbook, 2nd Ed.



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著者:Greenwald, Michael

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The Cruising Chef Cookbook is the bestselling, most extensive sailors' cookbook ever written. Twenty-two years in print and ten reprints make it clear that sailors consider it essential equipment. The new Cruising Chef is actually a book of nautical wisdom in the guise of a cookbook. It contains hundreds of tips plus more than 300 delicious recipes. Includes an extensive discussion of preparing for a voyage and resupplying in native markets. "Special Cooking Techniques" describes pressure cooking, stir frying and grilling, particularly useful techniques for the galley chef. Greenwald's salty humor is found throughout the book. His vignette, "Planning for the Big Eater" is a delight. "Fishing" is a sidesplitting description of his idea of sport fishing.

作者介绍:

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