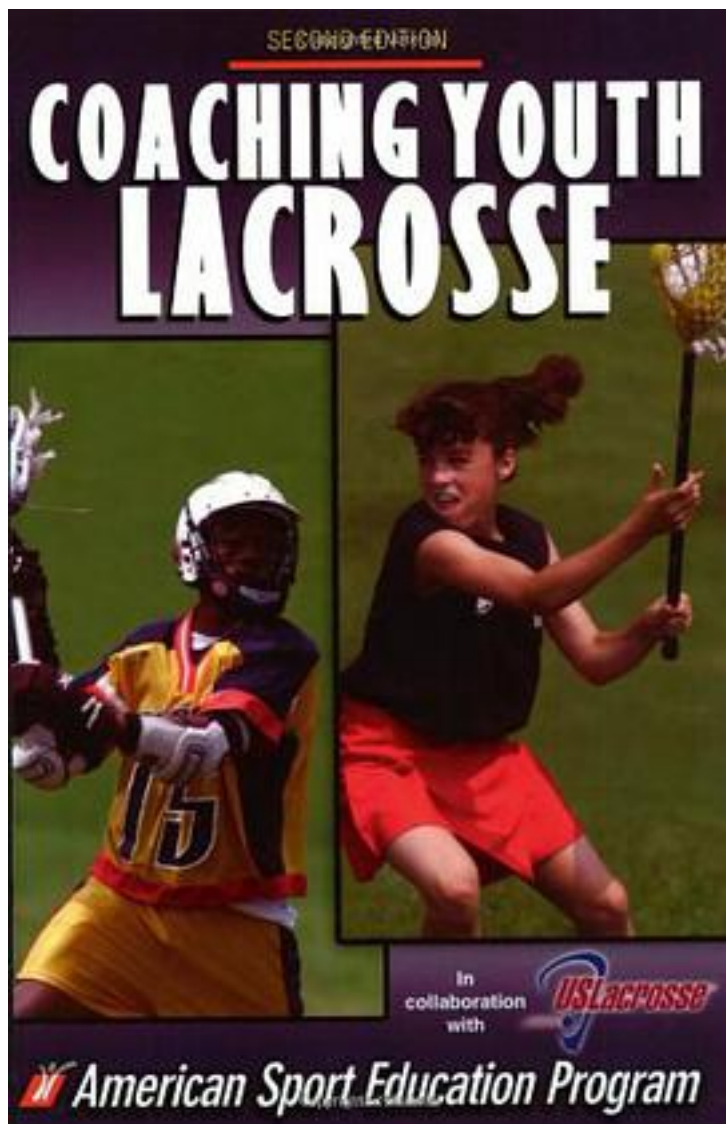


# Coaching Youth Lacrosse



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This new edition of "Coaching Youth Lacrosse" is part of the improved generation of the American Sport Education Program's (ASEP) "Coaching Youth Sports" series. A widely respected and highly popular series, this is the best collection of youth sport-specific guides, which are grounded in positive coaching principles. ASEP, the nation's No. 1 coaching education program, developed "Coaching Youth Lacrosse" to provide coaches with both an explanation of their role and concrete instructions on fulfilling that role. "Coaching Youth Lacrosse" contains specific programs for both boys and girls lacrosse, including specifics on equipment, season plans, games and tactics. You will find chapters on communicating with your athletes and their parents, teaching and developing lacrosse skills, planning and conducting practices, and coaching during games. This second edition includes a special chapter on the games approach to coaching lacrosse, which makes practice more fun for the kids and teaching more effective for you, the coach.

作者介绍:

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