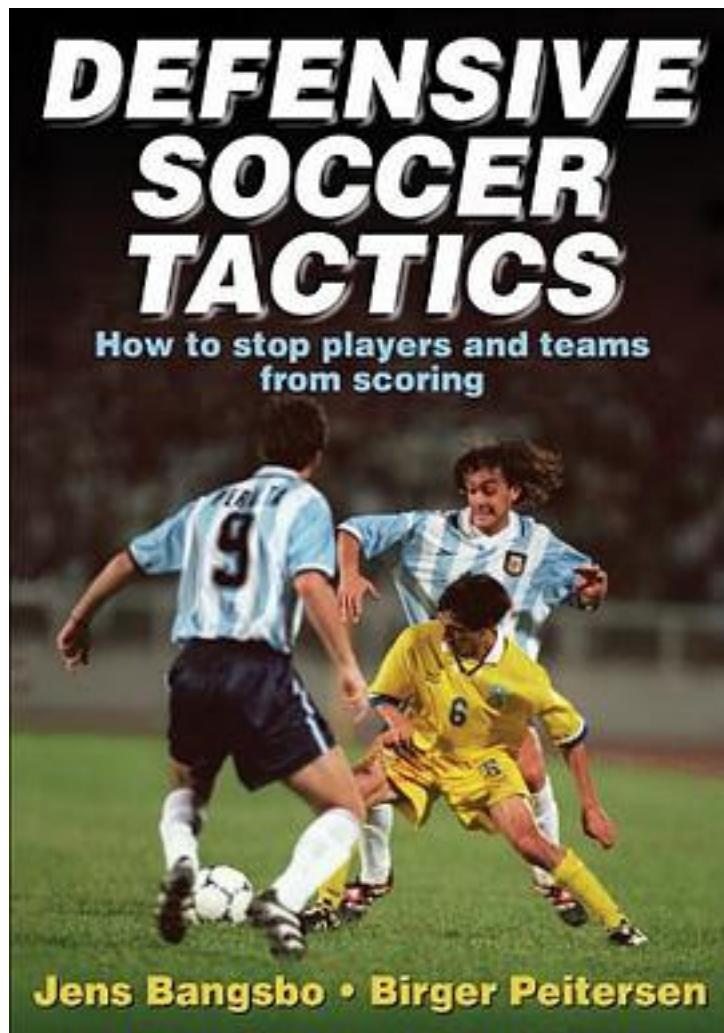


Defensive Soccer Tactics



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著者:Bangsbo, Jens/ Peitersen, Birger

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Prepare your defense for the most challenging offensive attacks! "Defensive Soccer

"Tactics" provides complete coverage of individual and team defensive systems, strategies, and tactics, with more than 100 diagrams that illustrate proper defensive positioning. No other book offers the depth of information in "Defensive Soccer Tactics." Learn to assess the defensive system and strategies that best suit your players, and gain insight to help you adjust your defense during a match. You'll find coaching points that make it easy to grasp the concepts presented and exercises designed to help your players master your chosen defense and shut down their opponents. The book follows a building-block approach, progressing from individual skills to team defense skills, systems, and strategies. "Defensive Soccer Tactics" includes chapters on - covering and marking, - support and recovery, - forcing the opponent's direction, - man-to-man coverage, - zone coverage, - combination defense, - team defensive depth, - coordination among teammates, - goalkeeper responsibilities, - high-pressure attack, - offside trap, and- door-bolt defense (catenaccio). "Defensive Soccer Tactics" gives you everything you need to prepare your defense for the challenges from the opposition. Soon your team will contain even the most explosive offenses--and completely shut down everyone else!

作者介绍:

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