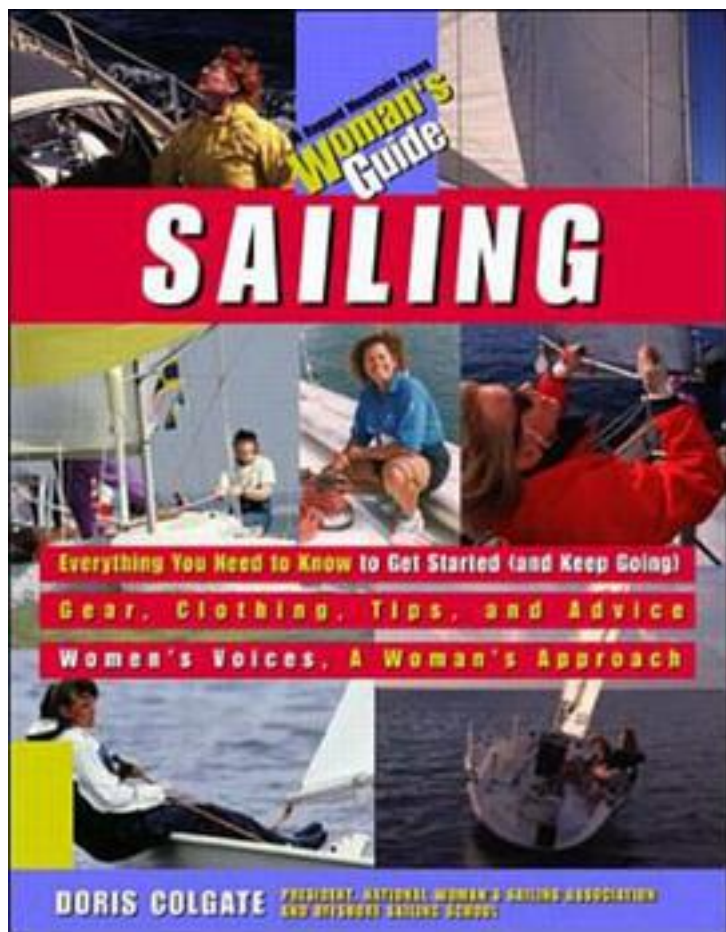


# Sailing



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With SAILING, acclaimed teacher and racer Dave Franzel moves you quickly from book to boat. It is his firm conviction that the best and most effective way to learn to sail is to be out on the water. Accordingly, he treats the theory of sailing in a straightforward,

no-nonsense fashion--just the way he's done so successfully for years at his Boston Sailing Center. The essential information in this book is comprehensive, effectively reinforced, and clarified with more than 100 excellent line drawings.SAILING is exactly what it says it is. After studying this book, you'll understand the fundamental concepts well enough to be confident of your abilities when you board your boat for the first time. You'll learn how to sail on and off moorings and docks, how to trim the sail, and how to balance the boat properly. You will be introduced to the rules of the road, anchoring, navigation, spinnaker sailing, heavy-weather sailing, and basic seamanship. In short, you'll have all the keys to a successful, fun, and safe time under sail. Pleasant sailing

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