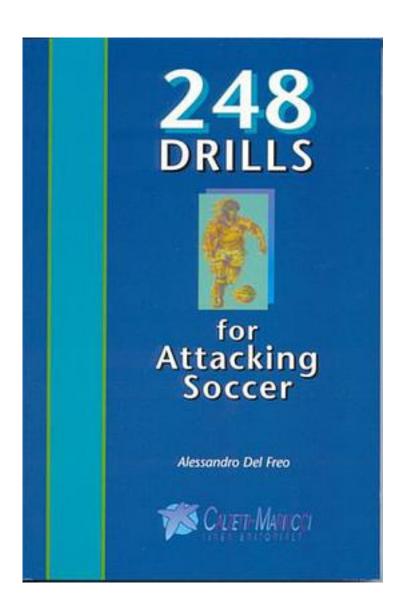
248 Drills for Attacking Soccer



248 Drills for Attacking Soccer_下载链接1_

著者:Freo, Alessandro Del

出版者:Cardinal Pub Group

出版时间:1999-9

装帧:Pap

isbn:9781890946272

This excellent book will help all coaches with one of the most complex and significant aspects of the game of soccer - the build-up of the attack. It is in the attacking game that the player's ability to react correctly to difficult situations comes to the fore. The exercises in this book are designed to teach your players to make exact evaluations in critical moments and look for suitable solutions without prescribing to a prearranged strategy. Soccer is a game of reaction, the match can not be scripted. Intelligent, creative attacking play is essential in overcoming the ever changing defensive schemes in the game today. The 248 exercises in this book and their numerous variations will help you train your players to keep their composure and stay focused in the face of unexpected or seemingly impossible situations. An excellent coaching tool.

作者介绍:
目录:
248 Drills for Attacking Soccer_下载链接1_
标签
评论
 248 Drills for Attacking Soccer_下载链接1_
书评
 248 Drills for Attacking Soccer_下载链接1_