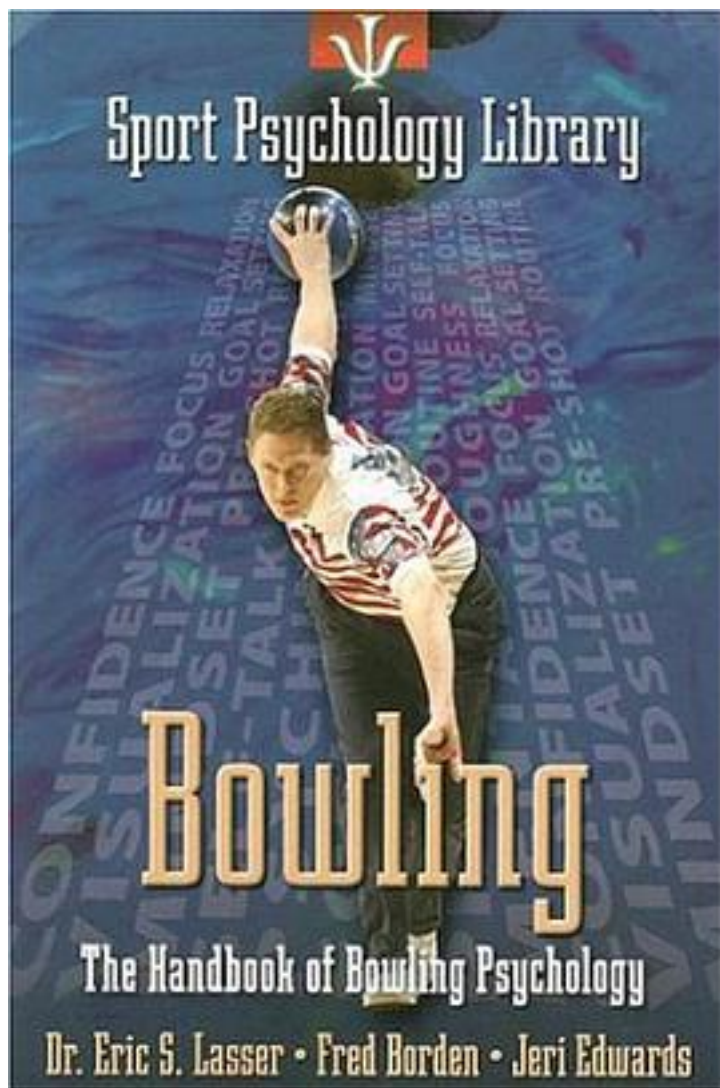


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Finally, a book for the serious and dedicated bowler, designed to push the intermediate to the highest level and help the experienced professional stay there. "Sport Psychology Library: Bowling" - co-authored by sport psychologist Eric Lasser and US bowling coaches Jeri Edwards and Fred Borden - provides bowlers with the specific psychological strategies and exercises necessary for that sound mental game, grace under pressure, and an impenetrable focus. With 20 chapters each addressing specific mental aspects of this highly technical sport, "Bowling: The Handbook of Bowling Psychology" is essential reading for anyone who wants to know what it takes to compete at the topmost levels of the game.

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