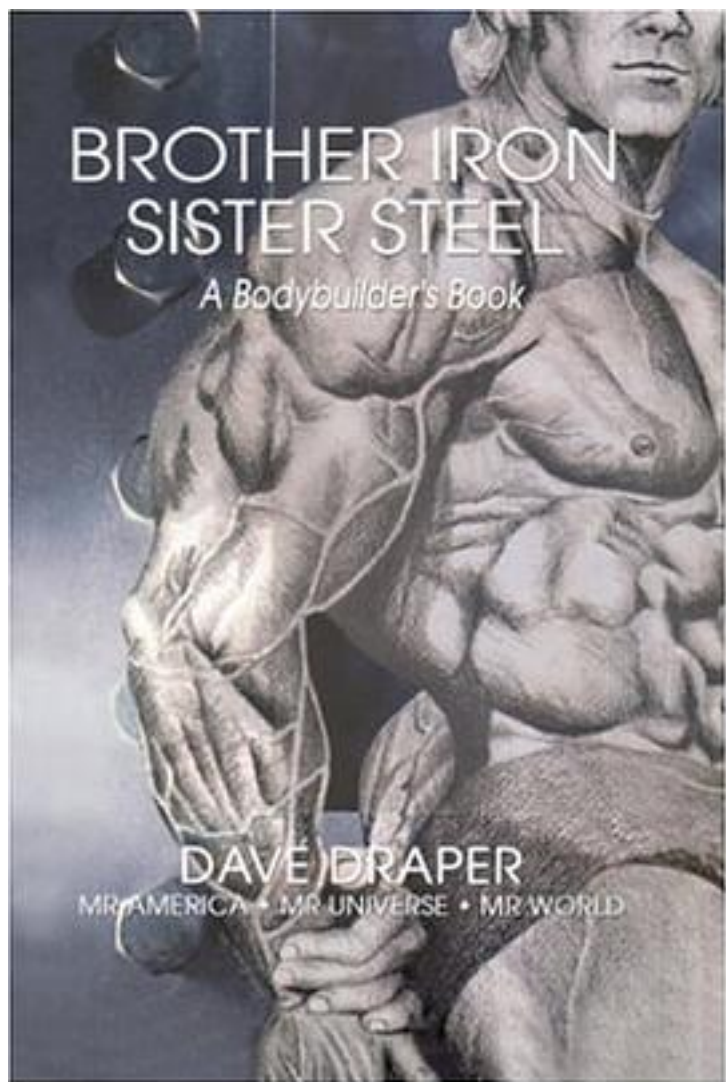


Brother Iron, Sister Steel



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著者:Draper, Dave

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Brother Iron, Sister Steel was written to engage that edge of the population who dare to walk in the gym only to walk out because purpose and desire were missed, and for the tentative trainee who wanders the gym floor with desire, yet without direction. The biography of author Dave Draper, Mr. Universe 1970, is broadcast regularly in the rotation of E TV's "True Hollywood Story" lineup and his books are in demand following each showing. "Powerfully good writer Part exercise strategy, part memoir, part motivational training guide manages to be highly entertaining on all counts." Tai Moses, Metro Magazine

作者介绍:

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