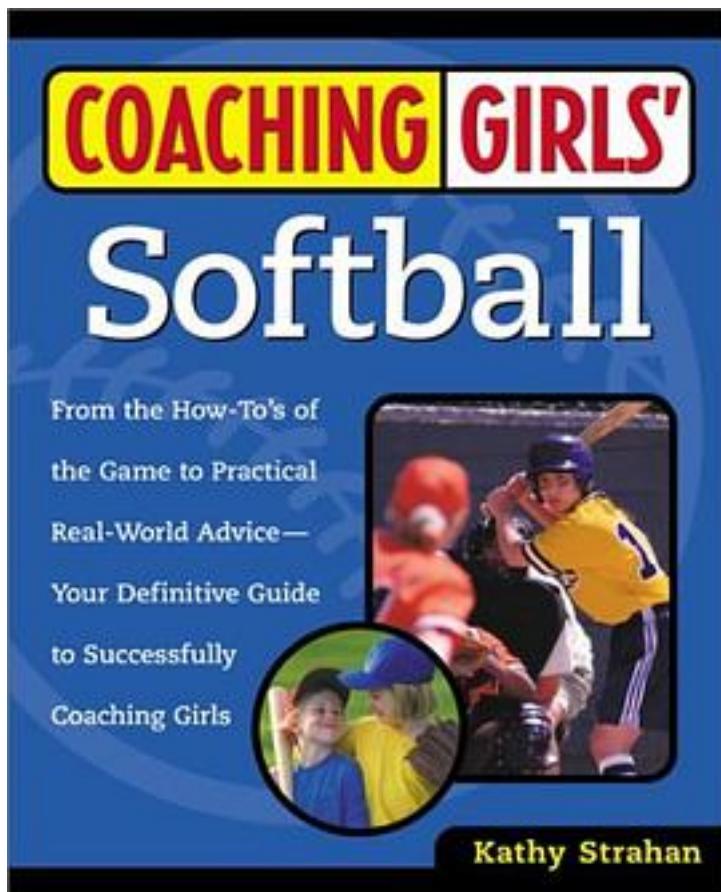


Coaching Girls' Softball



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著者:Kathy Strahan

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Coach Girls for Success on and off the Field

Coaching girls' softball can be a wonderful experience. Witness the intensity of a batter connecting with a ball, a runner digging for home, or a fielder making a great catch,

and you can't help but be inspired. The effort, pride, and enjoyment on players' faces are great rewards for parents and the sign of a good coach—the type of coach you want to be. So how can you get there?

Perfect for coaches of girls up to age 13, *Coaching Girls' Softball* includes everything you need to be an outstanding coach and mentor to your team. Whether you are a seasoned coach looking to fine-tune your skills or a rookie looking to take the field running, you'll discover techniques for success that are tailored specifically to the needs of girls, including:

- Drills and strategies for coaches new to the world of coaching softball
- Tips on what girls want and need from their softball experience
- Practical suggestions on how to motivate in a positive and encouraging way
- Advice for helping girls deal with their changing bodies
- And much more!

Now you can be a coaching winner and help bring out the best in your players, both on the field and in the game of life.

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