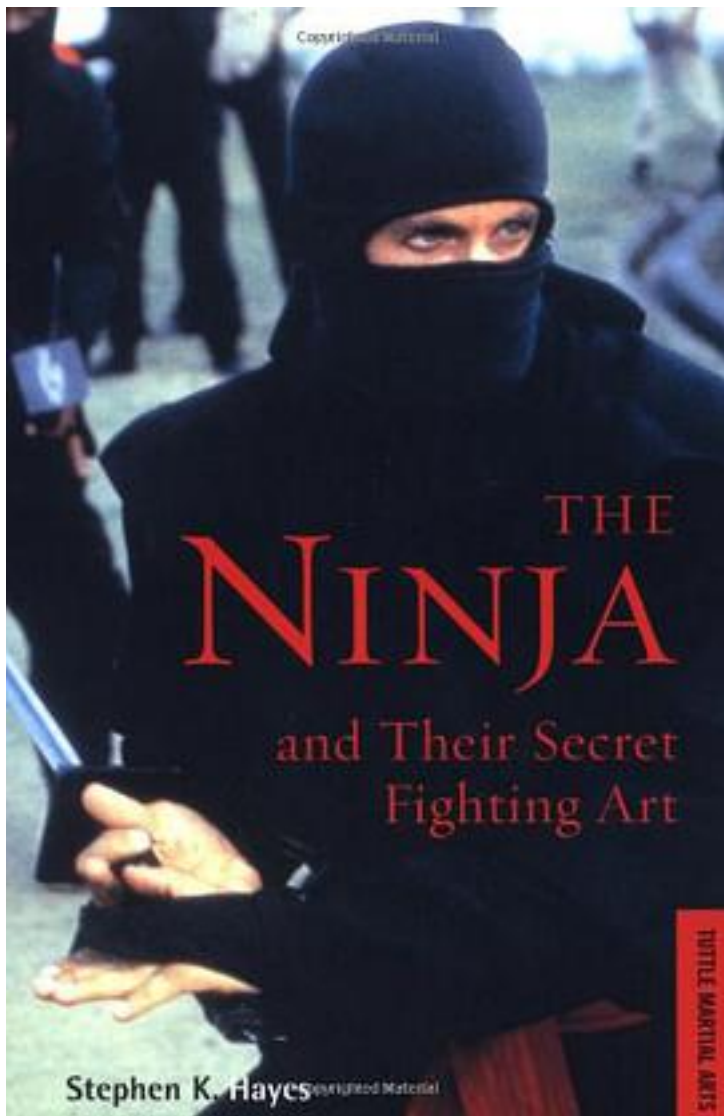


# The Ninja and Their Secret Fighting Art



[The Ninja and Their Secret Fighting Art\\_ 下载链接1](#)

著者:Stephen K. Hayes

出版者:Tuttle Publishing

出版时间:1990-7-15

装帧:Paperback

isbn:9780804816564

In feudal Japan, ninja warriors were credited with supernatural powers of invisibility and ways of learning any secret. They also were feared for their skill in espionage and assassination. Behind these legends is the reality of an ancient, sophisticated, highly systematic martial art: ninjutsu. Perhaps the least understood martial art of Japan, ninjutsu emphasizes naturalness of movement, responsiveness to one's adversary, and total practicality. Women as well as men were trained in this obscure deadly art. As its form crystallized, practitioners established an organized system for maintaining absolute secrecy. Now, all aspects of ninjutsu are revealed in this remarkable book written by the first American trained as a ninja.

作者介绍:

目录:

[The Ninja and Their Secret Fighting Art\\_ 下载链接1](#)

标签

评论

-----  
[The Ninja and Their Secret Fighting Art\\_ 下载链接1](#)

书评

-----  
[The Ninja and Their Secret Fighting Art\\_ 下载链接1](#)