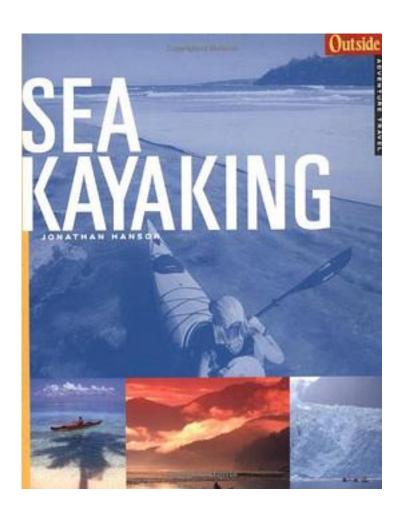
## Sea Kayaking



## Sea Kayaking\_下载链接1\_

著者:Matthews, Alex

出版者:Scb Distributors

出版时间:2007-6

装帧:Pap

isbn:9781896980263

Whether your interest is in paddling in more challenging conditions, or in learning new skills and concepts that will boost your confidence for more sheltered paddling, Sea Kayaking: Rough Waters will help you get the most out of your time on the water. With stunning photography by Jock Bradley and Paul Villecourt, fun illustrations, and a gold

mine of knowledge passed on by expert paddler and instructor, Alex Matthews, Sea Kayaking: Rough Waters is a must-have for all sea kayakers. YOU'LL LEARN ABOUT: Choosing and caring for equipment Optimizing your strokes and paddling techniques Rough water safety and rescue Navigating through tidal currents Paddling in surf zones Dealing with wind And much more
作者介绍:
目录:
Sea Kayaking_下载链接1_
标签
评论
书评
Sea Kayaking_下载链接1_