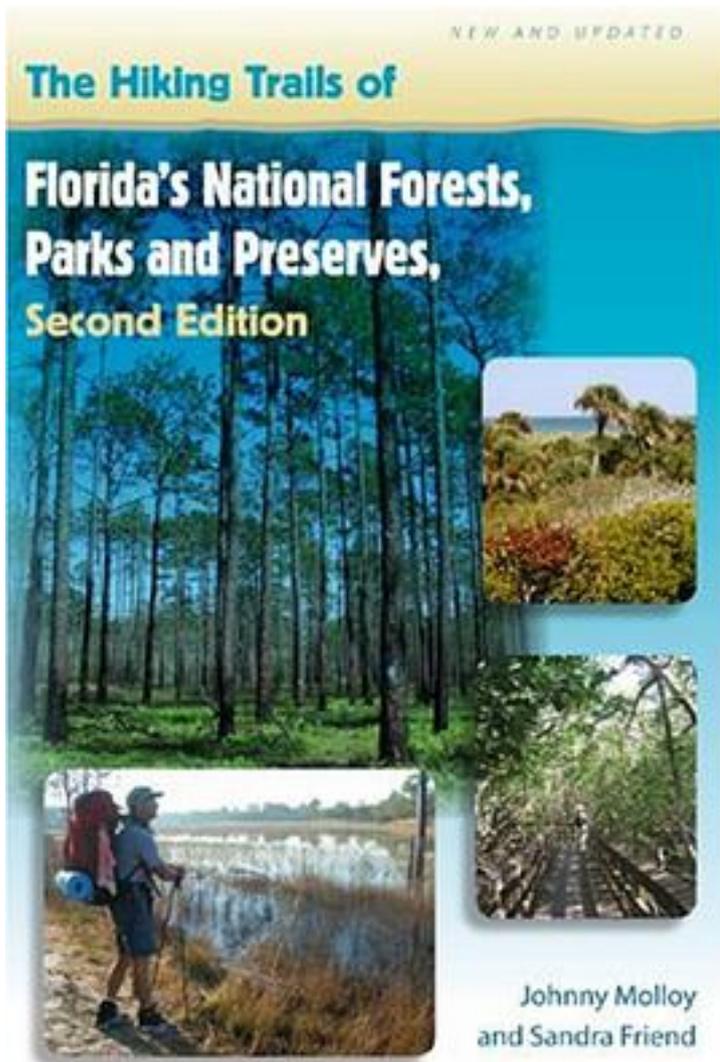


# The Hiking Trails of Florida's National Forests, Parks, and Preserves



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For Florida hikers, vacationers, outdoor enthusiasts, and wildlife watchers who want to plan and execute their own adventures, this second edition of the popular guidebook will be indispensable. Molloy and Friend explore the trails of Florida to provide readers with an easy-to-use, accurate, and thorough guide to hiking in more than 2 million acres of federally owned wilderness. These areas contain some of the Sunshine State's most spectacular scenery--from pristine beaches and emerald oceans to towering pine forests and sparkling spring-fed lakes. Illustrated with photographs by the authors, this guide describes every marked and maintained trail in Florida's national forests, parks, and preserves. Each description contains a profile of the path, detailing and rating its condition, length, and difficulty and describing the highlights and hazards of the trail. Profiles also give trailhead directions, trail connections, and hiking season information, followed by a running narrative describing what hikers can expect to see and experience on the trails. This updated edition covers large and small changes in the trails since 2000, most notably the new western corridor of the Florida Trail through Ocala National Forest and the storm-driven changes to the same trail at Gulf Island National Seashore and in Everglades National Park. Also included is a new section on Canaveral National Seashore. The book also features vignettes of natural and human history along the trails. Many of the areas border sinkholes and other geologic formations, wind through fascinating ecosystems such as the Everglades, and pass by historic sites such as old roadways, mail routes, battlefields, and military forts, and Molloy and Friend highlight these throughout the book in fascinating anecdotes. They also provide information on what to wear and bring on hiking expeditions to maximize safety and comfort along the great hiking trails of Florida's protected lands.

作者介绍:

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