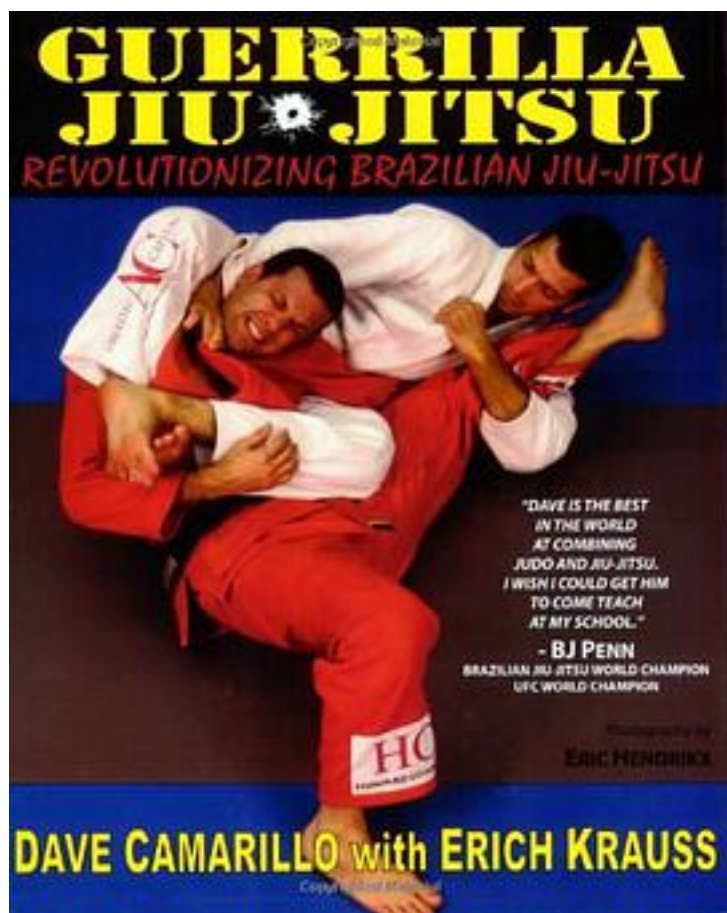


Guerrilla Jiu-Jitsu



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著者:Dave Camarillo

出版者:Tuttle Publishing

出版时间:2006-6-15

装帧:Paperback

isbn:9780977731589

"Guerrilla Jiu-Jitsu" is a groundbreaking system of grappling that integrates the Olympic sport of judo with Brazilian Jiu-Jitsu, today's most sought after grappling art. These are the techniques and strategies that allowed Camarillo to devastate the competition at some of the world's most prestigious judo and jiu-jitsu tournaments

and have led his students to more than a dozen victories in the Ultimate Fighting Championship. "Guerrilla Jiu-Jitsu" offers a leg up on virtually every opponent who refuses to stray from the parameters of his discipline.

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