

Attacking Down the Flank (The Soccer Method)



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Proper training of the fundamentals is important in preparing young players for the game they wish to play. In a game as complex as soccer, with the many different

techniques, strategies, and game-play options, this is even more crucial; especially for Junior High and Senior High school, upper level recreation leagues and off season camp instructors. Each book is full of technical and tactical exercises aimed at improving a specific aspect of play as well as detailed lesson plans which can be manipulated to fit any coach's specific situation. This books contains about 80 2-color diagrams to show the precise methods of training. In Soccer: Attacking Down the Flank the focus is on the specific procedures of the flank attack. From the mid-field, forward, the team members need to adjust their positions and ball handling depending on how the attack is to proceed. This book will illustrate the proper methods of game set-up for both styles of attack and show those skills needed in order to properly attack.

作者介绍:

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