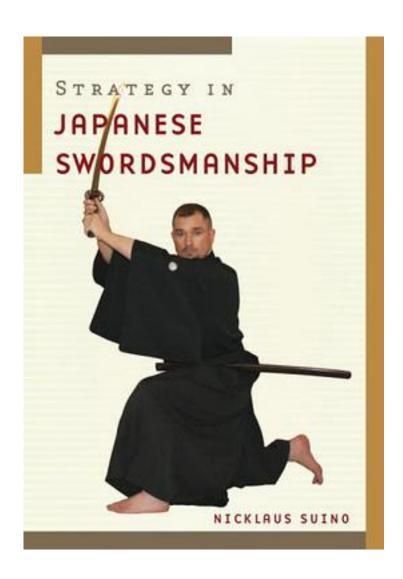
## Strategy in Japanese Swordmanship



Strategy in Japanese Swordmanship\_下载链接1\_

著者:Suino, Nicklaus

出版者:Random House Inc

出版时间:2007-12

装帧:Pap

isbn:9781590304891

After years of practicing persistently and developing technical prowess, advanced

students in the Japanese sword arts need to cultivate a strategic mind if they are to advance to the rarefied level of master swordsperson. Rather than passively absorbing the sword techniques, an ambitious student needs to focus more directly on the two ultimate goals of the art—to cut the opponent while avoiding being cut and to move toward perfection of character.

In Strategy in Japanese Swordsmanship —the third volume in his invaluable series on Japanese swordsmanship—Nicklaus Suino, one of the most respected swordsmen in the United States, clearly and concisely presents a tactical approach to training, grounded in these two objectives. He provides a framework for learning strategy in swordsmanship, and demonstrates techniques and drills that help put the strategies into practice.

Some of the topics that Suino covers include:

•

the nature of strategy, timing, and distance

•

sword handling

•

the importance of vision and state of mind

•

timing and distancing

•

reading an opponent's intention

Suino shows how through careful consideration of the technical issues, consistent practice, and ceaseless reflection, a diligent student can cultivate a strategic mind and learn how to achieve mastery over any opponent.

To learn more about the author, Nicklaus Suino, go to www.artofjapaneseswordsmanship.com.

Click on the thumbnail to view a larger image.

Page 135

作者介绍:

目录:

Strategy in Japanese Swordmanship\_下载链接1\_

标签
评论
Strategy in Japanese Swordmanship_下载链接1_
书评

\_\_\_\_\_\_ Strategy in Japanese Swordmanship\_下载链接1\_