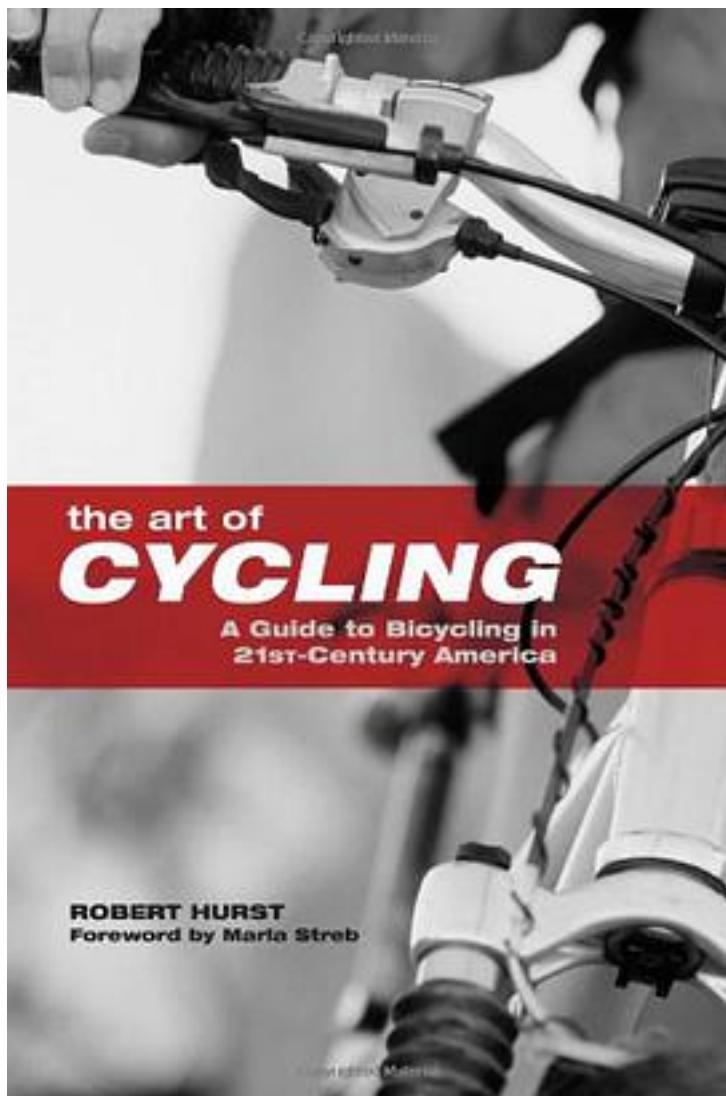


The Art of Cycling



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著者:Robert Hurst

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Covering much more than just riding a bike in traffic, author Robert Hurst paints, in uncanny detail, the challenges, strategies, and art of riding a bike on America's modern streets and roadways. *The Art of Cycling* dismantles the bicycling experience and slides it under the microscope, piece by piece. Its primary concern is safety, but this book goes well beyond the usual tips and how-to, diving in to the realms of history, psychology, sociology, and economics. It empowers readers with the Big Picture of riding a bicycle in America -- and gives cyclists useful insights to consider while pedaling the next commute, grocery run, or training ride.

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