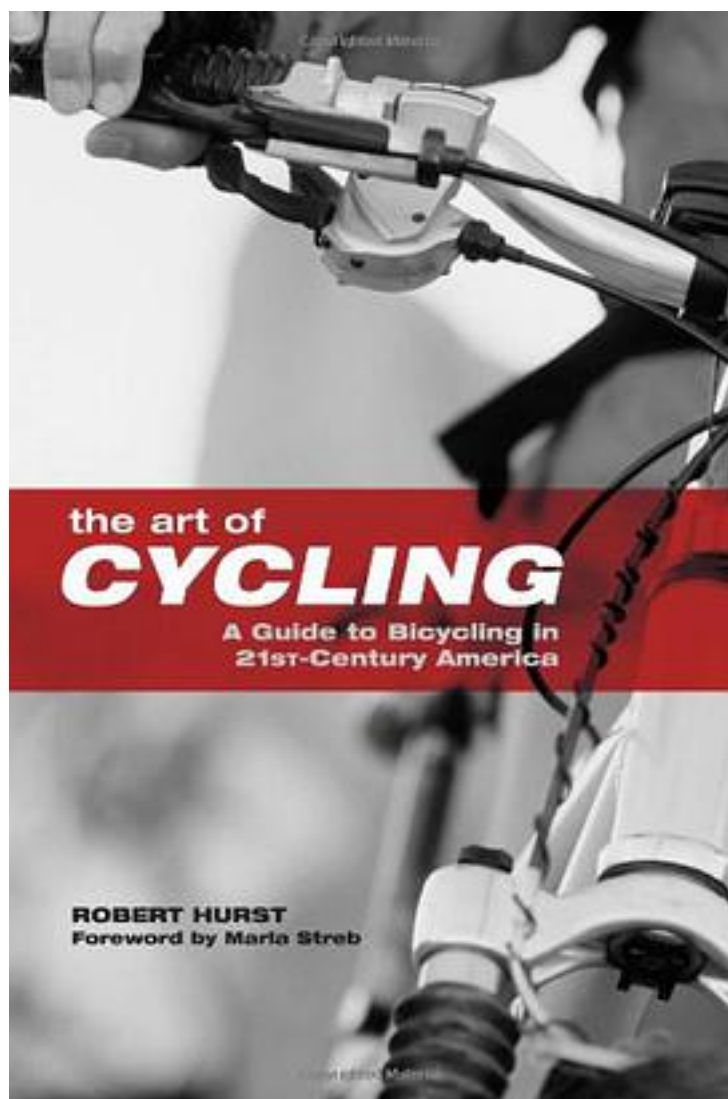


# The Art of Cycling



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Covering much more than just riding a bike in traffic, author Robert Hurst paints, in uncanny detail, the challenges, strategies, and art of riding a bike on America's modern streets and roadways. The Art of Cycling dismantles the bicycling experience and slides it under the microscope, piece by piece. Its primary concern is safety, but this book goes well beyond the usual tips and how-to, diving in to the realms of history, psychology, sociology, and economics. It empowers readers with the Big Picture of riding a bicycle in America -- and gives cyclists useful insights to consider while pedaling the next commute, grocery run, or training ride.

作者介绍:

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