

Coaching Football



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"This is the ultimate textbook for coaches and serious students of football." - John Robinson, former head coach, Los Angeles Rams and University of Southern California
From youth leagues to the pros-two of the winningest coaches in football update their top-selling instructional to help you improve your teams' skills Written for coaches and players at all levels, this is a total update of the most complete guide to coaching football. Filled with in-depth advice on howto organize a season of practices, this invaluable resource provides the latest strategies on everything from running, passing, and receiving to scouting, injury prevention, and sportsmanship.

作者介绍:

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