Walking Softly in the Wilderness

A Sierra Club Outdoor Adventure Guide

Walking Softly in the Wilderness

The Sierra Club Guide to Backpacking



Fourth Edition • Completely Revised & Updated

John Hart

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The ultimate manual for wilderness travelers and campers, Walking Softly in the Wilderness is the groundbreaking guide that first taught backpackers how to enjoy a genuine wilderness experience that leaves nature undisturbed.

In recent years backpacking gear and practices have undergone many changes, and all are noted and expertly evaluated by author John Hart in this new edition. Covering the latest in "ultralight" gear choices, as well as downloadable maps, portable GPS devices, and the world of online information, Hart is a sure-footed guide to this changing scene.

The qualities that established this guide as the bible of camp and trail have also been polished and honed: its level-headed advice on trip planning and packing; insights for getting the most from a wilderness trip, whether a challenging mountain scramble or a leisurely family outing; and wisdom about dealing with the unexpected, from bears to flash floods to injuries. Seventy line drawings illustrate topics ranging from bear-bagging to rigging a tarp shelter. Extensive resource listings include wilderness agencies, gear suppliers, and online information sources.

作者介绍:
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