

Make Your Move



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Guided by the experience and expertise of the internationally celebrated Coerver Coaching method comes the authoritative guide to mastering 1-on-1 play, one of soccer's most important skills. *MAKE YOUR MOVE* is written by the cofounders of Coerver Coaching and two international coaches. The book instructs young players and their coaches in how to execute a move by knowing which move to make, and how and when to make it. Recommended by FIFA, Coerver Coaching is recognized as the world's best soccer skills teaching method. *MAKE YOUR MOVE* groups twenty-six moves, eighteen drills, and games that Coerver Coaching uses in an at-home guide for coaches and young players to learn and master soccer's most expert skills. This

practical and effective book is the next best thing to having a personal coach.

作者介绍:

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标签

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