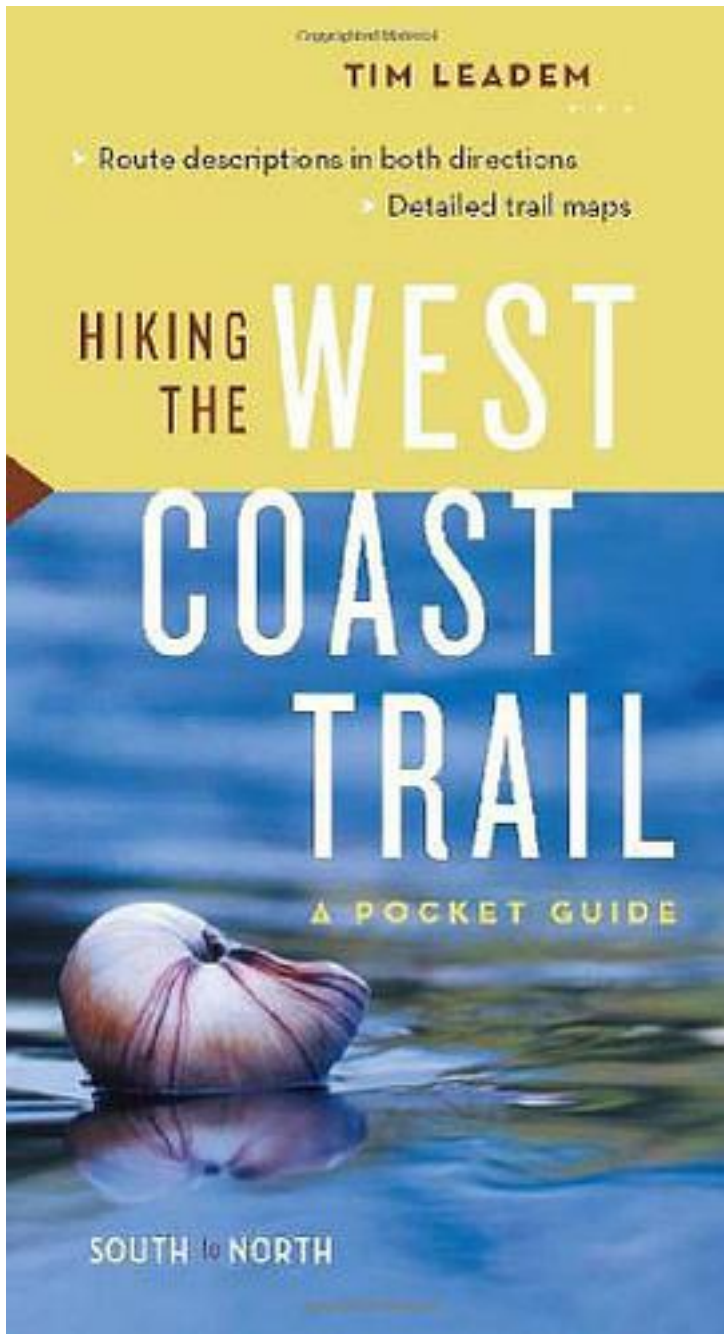


# Hiking the West Coast Trail South to North/North to South



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著者:Leadem, Tim

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The West Coast Trail, which traverses 50 miles of gorgeous Northwest Canadian coastline, has been dubbed the "Graveyard of the Pacific," having claimed 60 ships since 1854. Tim Leadem, who's hiked it many times, shows readers how to make the most of this demanding trail. The book contains two-color maps covering trailhead to terminus; checklists for food, clothing, and gear; easy reference charts for navigating tricky tidal areas; and a brief text describing the historical, cultural, and geological highlights along the way.

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