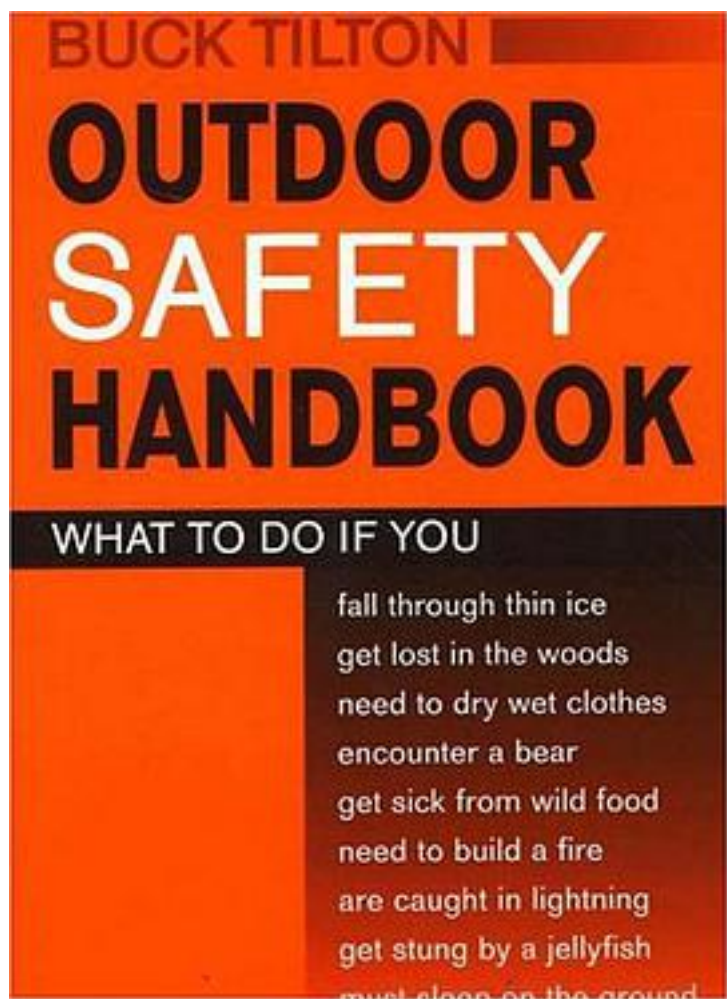


Outdoor Safety Handbook



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著者:Tilton, Buck/ Sabas, Roberto (ILT)

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This might just be the most useful book on the outdoors you'll ever own. Unlike Worst-Case Scenario-style books that focus on the most wildly improbable

circumstances, Buck Tilton's Outdoor Safety Handbook is the real thing: a clear-cut, no-nonsense primer on 87 common situations you can encounter in the outdoors, from minor annoyances to potentially fatal threats. Got sunburn? Soak the burned skin in cool water, then apply a moisturizing lotion. Caught in a lightning storm? Find a safe spot away from high places and other potential strike zones, and squat on some insulating material while holding yourself tightly. Compact and lightweight, this book is perfect for backpackers and other wilderness travelers. Keep a copy packed in with your first aid kit, and read every word, you'll be that much more likely to come home safe and happy.

作者介绍:

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