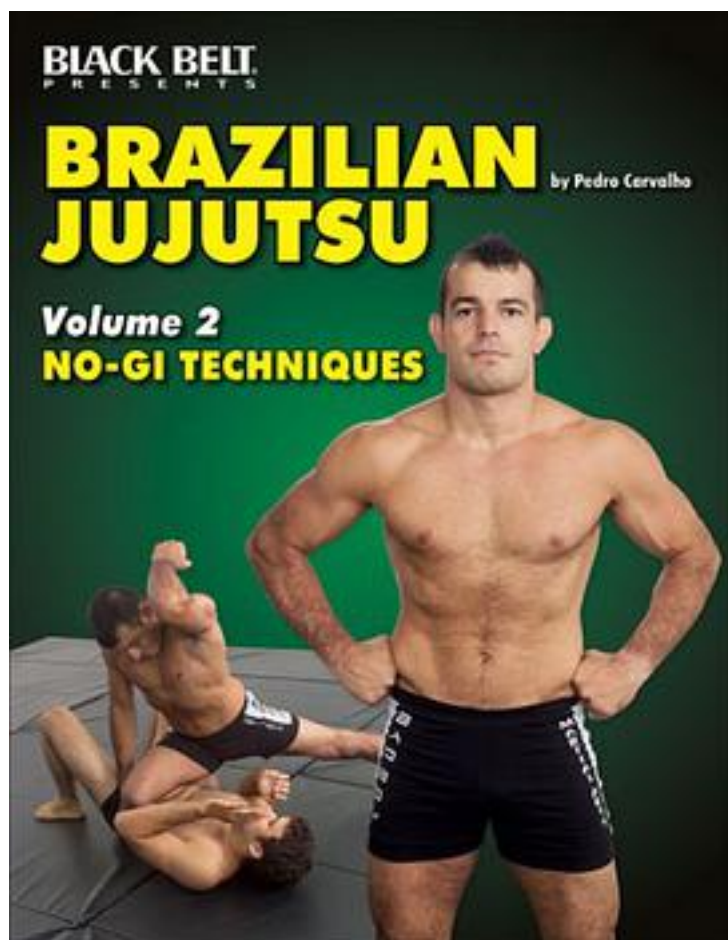


Brazilian Jujitsu



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出版者:Ohara Pubns

出版时间:2006-1

装帧:Pap

isbn:9780897501507

Topics include takedowns, passing the guard, finishing holds, north-south positioning, chokes, sweeps and attacks from the side, armbars, and more.

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