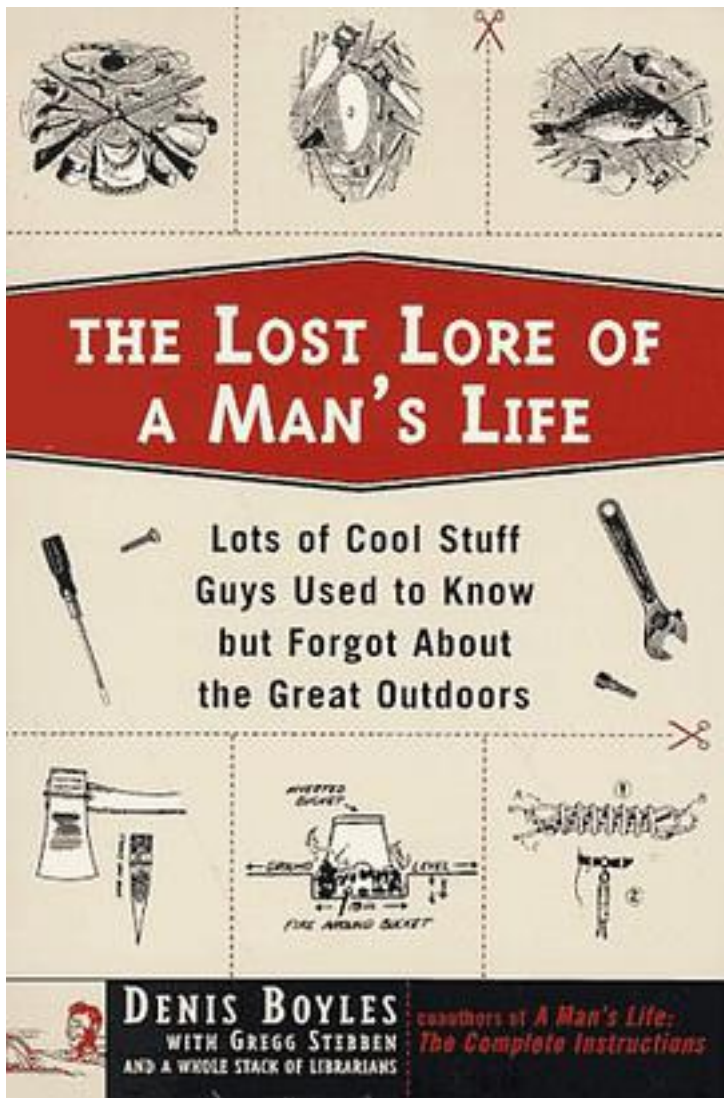


# The Lost Lore of a Man's Life



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Time was, a man had to know certain things in this life. He had to use his callused hands and the knowledge passed down through the generations to carve a homestead from the wilderness and to feed his family by hunting and trapping animals or coaxing crops from the earth. But today, as men trade hammer and ax for computer and fax, and a cabin in the woods for a place in the burbs, these manly skills are in danger of disappearing forever. To the rescue comes Denis Boyles, columnist for Men's Health magazine, with a priceless treasury of forgotten lore and dozens of projects designed to rekindle that dying ember of machismo. Culled from U.S. government pamphlets, turn-of-the-century publications and old scouting manuals, this guide to lost lore contains projects on camping, hunting and fishing, farming and much more. Such skills as sending smoke signals, tracking a bobcat or moose, turning a bike into a steam-powered motorcycle and building a cozy log cabin are all included. In a world full of mama's boys, The Lost Lore of a Man's Life is the ultimate guide to reclaiming a man's lost heritage.

作者介绍:

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