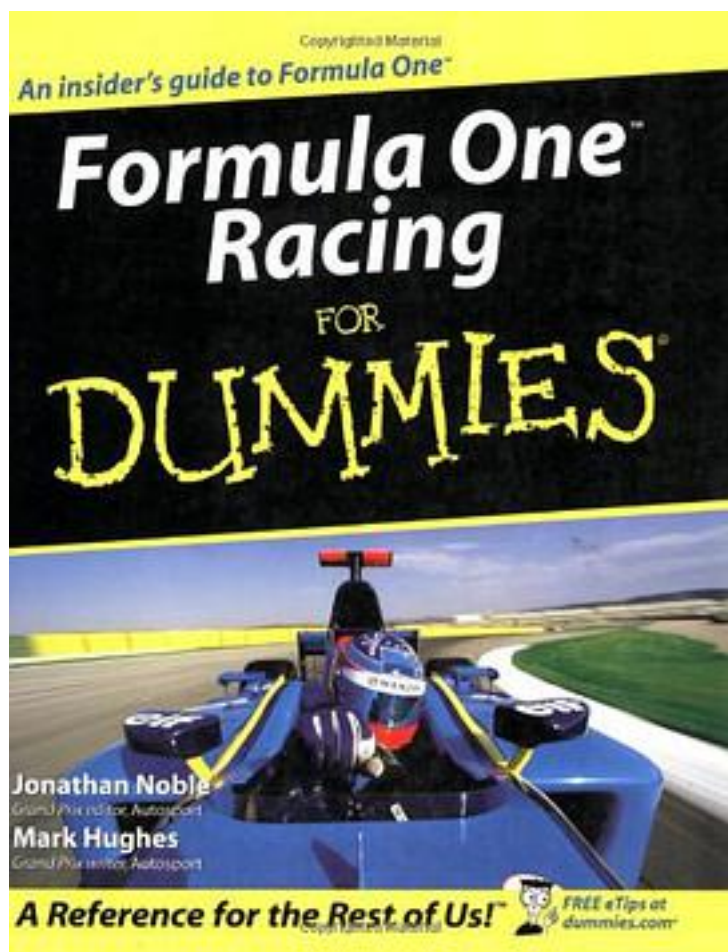


# Formula One Racing For Dummies



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Get to know what Formula One racing is all about This book delves into the strategy, technology, and spirit needed to win a Formula One race. Every angle of a race weekend is covered in detail, from scrutineering to pitstops to podium. You'll also

read about the rivalries and politics that have turned the sport into a global televised drama. Illustrated with black and white photographs, Formula One Racing For Dummies will serve the die-hard spectator or armchair fan alike. Discover how to: Identify race strategies Understand the role of each team member Master the latest rules and regulations Appreciate a Formula One car's cutting-edge design Enjoy Formula One from the stands and on TV The Dummies Way Explanations in plain English "Get in, get out" information Icons and other navigational aids Tear-out cheat sheet Top ten lists A dash of humour and fun

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目录:

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