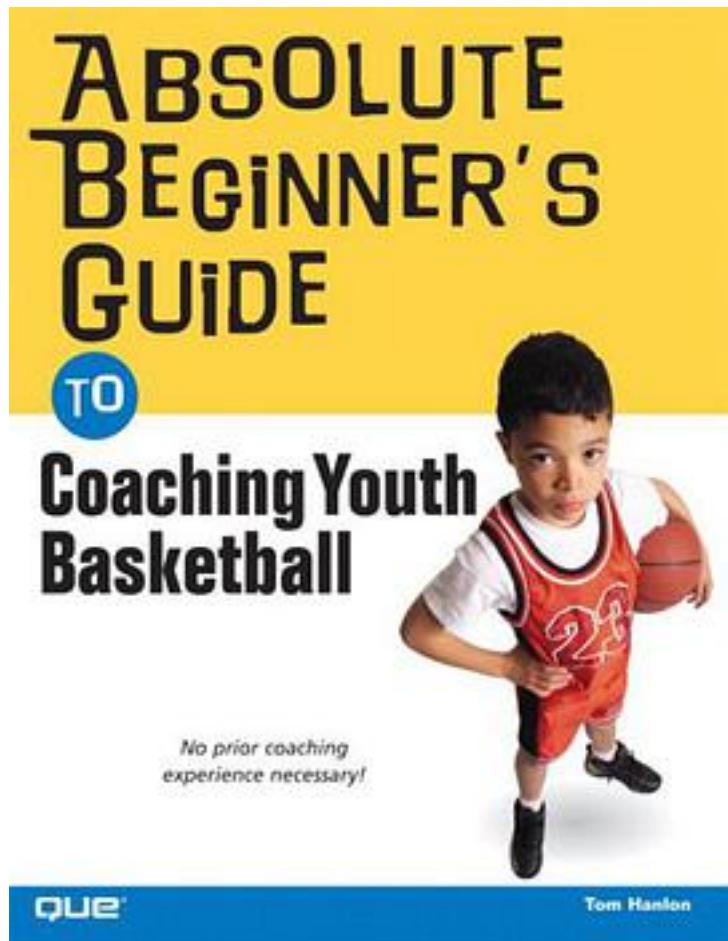


# Absolute Beginner's Guide to Coaching Youth Basketball



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出版者:Pearson P T R

出版时间:2005-7

装帧:Pap

isbn:9780789733580

As a parent, it is a proud day when your child joins his or her first sports team. It is

important to you to be involved, which may be leading you to think about coaching. Nervous about the possibility? Don't be! With the Absolute Beginner's Guide to Coaching Youth Basketball, you will quickly and easily learn how to become a successful youth basketball coach. This comprehensive, user-friendly reference guide will help you create a fun and effective learning environment. You have limited practice time and resources, and you need to know how to make the best of them. With this book, you will cover several key concepts that often elude rookie coaches, including: \* Identifying your role and expectations as a coach. \* Tailoring instruction to meet the varying physical abilities of different age groups. \* Creating a safe playing environment. \* Knowing how to effectively coach during both practices and games. \* Learning how to communicate and form alliances with parents, league administrators, game officials and players. On top of all this great material, we also provide you with access to a website where you can download practice plans, emergency information cards, injury reports, awards and certificates, and season evaluation forms. Ensure that you and your child's first basketball season are a success with Absolute Beginner's Guide to Coaching Youth Basketball.

作者介绍:

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