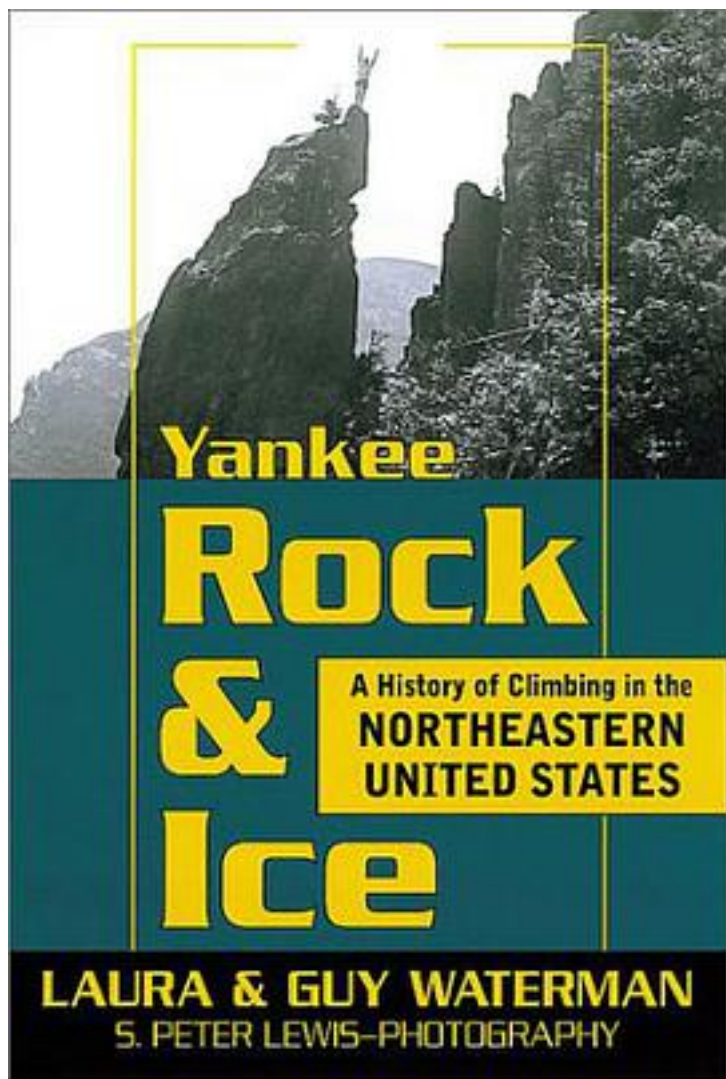


Yankee Rock and Ice



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Celebrated climbers Guy and Laura Waterman trace the growth of this popular sport by focusing on the first ascents of classic routes and the climbers who made them legendary: John Case on the Adirondacks' Indian Head and Wallface; Robert Underhill and Lincoln O'Brien on Cannon; Fritz Wiessner on Breakneck Ridge. More contemporary climbers Jim McCarthy, Henry Barber, Lynn Hill, and Hugh Herr are described in full detail. Ethics and style, the evolution of ice climbing, the changing role of women in climbing, and developments in technique and equipment are explored.

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