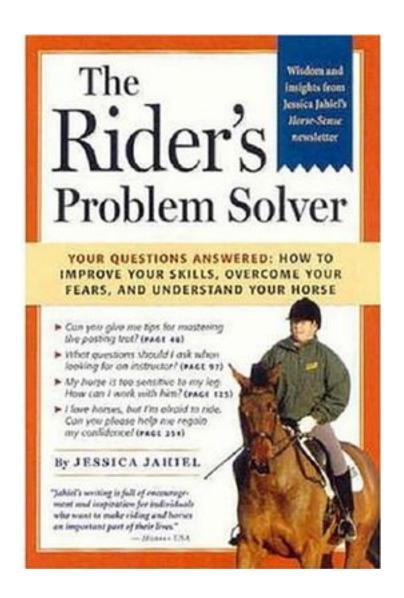
The Rider's Problem Solver



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著者:Jahiel, Jessica

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The Average rider doesn't have Olympic aspirations. Most riders just want to learn as much as they can about horses, to ride as well as possible, and to enjoy the companionship of their equine partners. Many riders, however, feel frustrated with their lack of progress, struggle with uncomfortable tack or painful joints, or find themselves losing confidence after a frightening experience. In her informal yet informative style, clinician and equine behaviour expert, Jessica Jahiel addresses numerous rider concerns, from head (properly fitting a helmet) to toe (breaking in a pair of stiff new boots) and everything in between (those aching knees). Following the successful question-and-answer format of "The Horse Behavior Problem Solver", she presents real life situations and addresses them in comprehensive detail, offering proven solutions to common problems. The problems presented in this book will be familiar to riders of all levels of experience and in all styles of riding. Jahiel's detailed advice encourages riders to relax and enjoy their relationship with the horse, to always keep learning, and above all to put the horse first

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