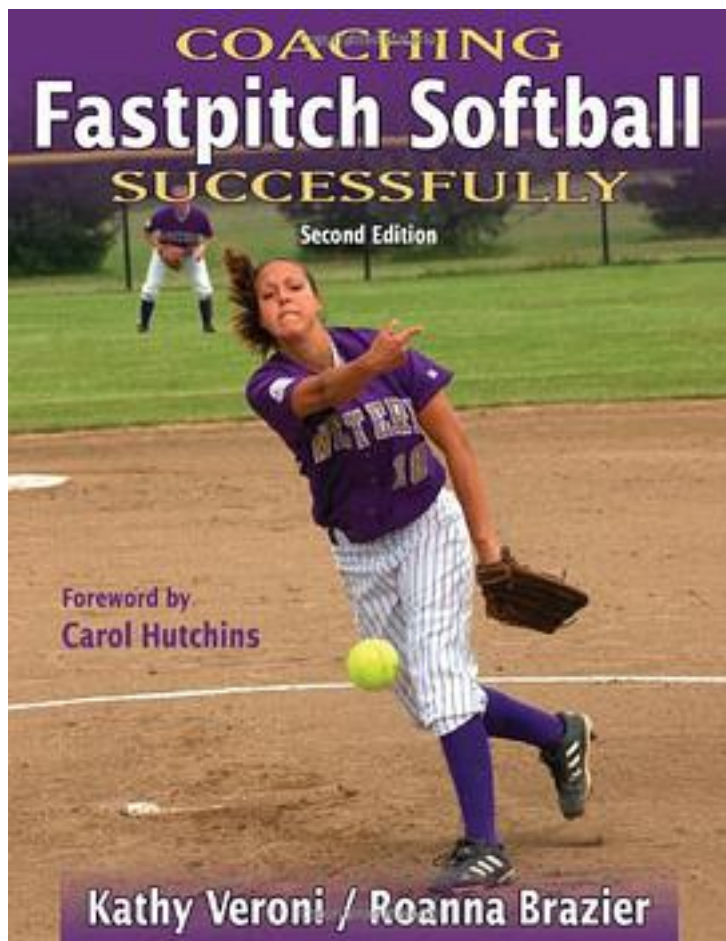


Coaching Fastpitch Softball Successfully



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Aimed at coaches of fastpitch softball at all levels, this book includes the skills, drills and tactics that will help teams improve their performance. It includes advice and information on key elements of the game such as hitting, fielding, base running,

pitching and offensive and defensive strategies. This book covers key issues for coaches such as developing a coaching philosophy, communicating, motivating and evaluating players and making a coaching programme work.

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