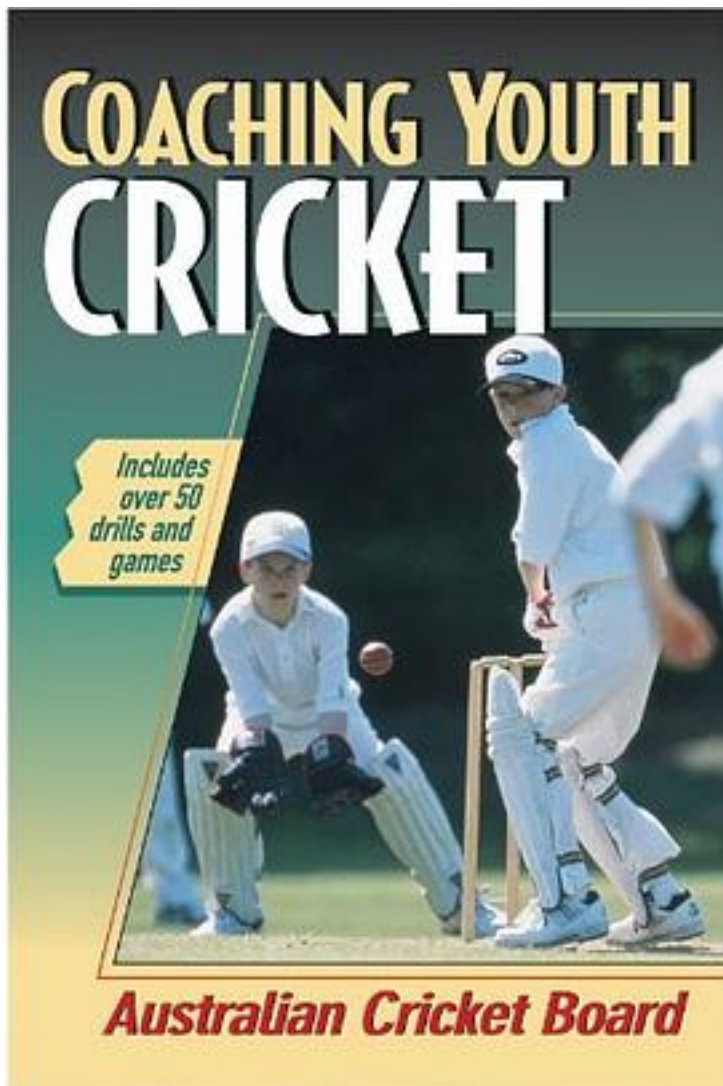


Coaching Youth Cricket



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著者:Australian Cricket Board,

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"Coaching Youth Cricket" gives you the tools you need to become a successful coach, even in your first season. Written by the Australian Cricket Board--the country's leading cricket authority--this complete guide combines the basics of coaching and cricket in one concise resource. It is essential reading for beginning coaches of 6- to 14-year-old athletes. Beginning with the basics, the book addresses the primary responsibilities and essential qualities of a good coach. You will learn fundamental coaching skills, including how to - communicate with players, parents, fans, umpires, and other coaches;- teach sport skills sequentially;- plan, organize, and conduct effective practices; and- prevent injuries and provide emergency care. The remainder of the book focuses specifically on how to teach cricket to children. A thorough overview of the sport answers any questions you might have about rules, equipment, game procedures, positions, and scorekeeping. You'll also find indispensable advice on teaching basic cricket skills--from throwing to wicketkeeping--along with more than 50 drills to improve your players' skills. Last but not least, the book presents team tactics and practice games that promote leadership and team spirit. Filled with 162 helpful illustrations, "Coaching Youth Cricket" will help you meet the challenges and experience the rewards of coaching young players.

作者介绍:

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